

Title	Presenter	Description	Room Assignment	Audience
<b>All</b>	<b>Workshops</b>	<b>are Thursday</b>	<b>at</b>	<b>7:30 PM</b>
<b>Faith and Mental Health: If Jesus has won the victory, why am I so sad?</b>	<b>Stephanie Lobdell</b>	More than ever, people are struggling under the weight of mental health challenges. Christians are not immune. Many of us find ourselves staring into an abyss of anxiety, fear, numbness, and hopelessness. Where is God in the midst of suffering? What does it look like to faithfully respond to mental health challenges, ours or the people we love?	Campus Center 228	Everyone
<b>Answering a Call to Ministry</b>	<b>James Smith and Jen Ballenger</b>	Have you ever thought that maybe call was calling you into ministry? This workshop will empower you to navigate the questions and uncertainty you may be feeling and encourage you to say yes to the call of God!	Campus Center 243	Everyone
<b>What I have learned in 25+ years of Youth Ministry</b>	<b>Drew Aaron</b>	So much of our energy is spent on programs, communication, and tough conversations. Add onto it the stress we carry from conflict and comments. No wonder youth leaders leave traditional youth ministry early in their careers. The last 25+ years of youth ministry have taught lessons that have helped me stay faithful	Campus Center 244	Everyone
<b>Making Difficult Choices</b>	<b>Nate Porter</b>	The sweaty feeling your soul gets when there are difficult choices to make is a nasty stain on your soul a lot of time. Who is actually making the decisions that need to be made because they always arise when we are stressed life is overwhelming. How can we honor God when we make difficult choices? Let's talk about it!	Campus Center 300	Everyone
<b>How to Love when you Disagree</b>	<b>Cassie Crowder</b>	Everyone has an opinion, and sometimes your friend's opinion differs from yours. How do we still love our friends who we don't agree with them? By looking at Jesus' ministry we can learn a lot about how to do this with grace.	Campus Center 301	Everyone
<b>Technology with Teens</b>	<b>Phil Starr</b>	Laptops, tablets and smart phones... Oh My! Everything is only a click away. And I mean everything - bullying, sexting, extortion, pornography, best friends, information, scriptures, community, and much more. What is a parent or a youth leader to do?	Campus Center 303	Parents and Youth Leaders
<b>Impacting Your Community</b>	<b>Mark Mason</b>	Christians have a role and responsibility and our local communities. We will talk about how to engage and help our communities towards goodness and beauty.	Campus Center 304	Everyone

<b>Permission to Doubt</b>	<b>Miranda Musick</b>	If we're being honest, we all experience doubts about our faith. Have you ever wondered if you can be a leader in your youth group or church while struggling with doubt? If you can even be a Christ-follower at all? We'll dive into these questions and more by exploring a few characters in scripture whose honest doubts have unexpected consequences.	Campus Center 306	Everyone
<b>Influencing My Culture</b>	<b>Richie Griffith</b>	When Saul found the transformational power of Christ his entire world was turned upside down. His entire life changed including his name Paul. Paul became an influencer of his time, through developing leaders, planting churches, and reaching the lost at all costs. How can you be an influencer in an ever changing world?	JSB 142	Everyone
<b>Photography &amp; Art</b>	<b>Reagan Williams</b>	Want to improve your photography game? Build your confidence and learn to capture amazing images from your phone. We'll cover the basics of what makes a great image and practice being in front of the camera.	JSB 143	Everyone
<b>Careers in Music and Suggested Preparation for College</b>	<b>Bob Tocheff</b>	Are you passionate about music? Do you feel called to ministry? Find out what to expect from a career in music, music education, or worship ministry from those who have spent their lives doing it.	Thorne Hall (Chapel)	Everyone
<b>Living a Christian Life in an Avatar World</b>	<b>Chris Riggs</b>	There seem to be two worlds that exist today. Our Physical reality and our online life. And while physically they may be represented by the same beating heart, many times they have different names, different looks, different speech, and even different values. How do we reconcile our relationship with Jesus online? Can the same person live in both worlds? What does the bible say about these situations when the thought of electricity didn't even exist yet? This seminar will explore what God has to say about living our lives in a digital age where creating a different persona is not only possible, but expected many times.	Campus Center 302	Everyone
<b>College Athletics</b>	<b>Doug Sherer</b>	Interested in playing a college sport in the future? Find out what coaches look for, academics, scholarships, and commitment.	JSB 108	Everyone