

# 2009-2010 MVNU Women's Basketball Honors

Sierra Fletcher:	American Midwest Conference Player of the Week (Nov. 16-22) American Midwest Conference Player of the Week (Nov. 30-Dec. 6) American Midwest Conference Player of the Week (Jan. 18-24) NCCAA National Player of the Week (Nov. 16-22) American Midwest Conference Newcomer of the Year American Midwest Conference First Team NCCAA East Region First Team NCCAA All-American First Team 2009-2010 Team Most Valuable Player
Alexis Harkins:	American Midwest Conference Honorable Mention NCCAA East Region Honorable Mention
Amanda Himes:	Defiance College Invitational All-Tournament Team NCCAA All-National Tournament Team American Midwest Conference First Team NCCAA East Region First Team NCCAA East Region Player of the Year NCCAA All-American First Team NAIA Division II Honorable Mention All-American 2009-2010 Coaches Award Recipient
Kellie Jokela:	American Midwest Conference All-Academic Team NCCAA Scholar-Athlete Team NAIA Division II Scholar-Athlete Team 2009-2010 Cougar Award Recipient
Kelli Pollock:	American Midwest Conference All-Academic Team NCCAA Scholar-Athlete Team NAIA Division II Scholar-Athlete Team
Coach Steve Gregory:	NCCAA East Region Coach of the Year