


2007 WOMEN'S


VOLLEYBALL

MOUNT VERNON NAZARENE UNIVERSITY

Shena Beheler
Two-time NAIA
Honorable Mention
All-American

A circular inset photograph showing a volleyball player in a white jersey with the number 7, crouching on a gymnasium floor, ready for action.

Tiffany Milburn

A circular inset photograph showing a volleyball player in a dark jersey, in the middle of a serve or set, with her arms extended.

Courtney Springer



2007 MVNU VOLLEYBALL SCHEDULE

Day	Date	Opponent	Time	H/A
F-S	Aug. 31-1	at Judson (Ill.) Tournament	TBA	A
Tue.	Sept. 4	CAPITAL	7:00 p.m.	H
Sat.	Sept. 8	URSULINE	9:30 a.m.	H
		INDIANA-SOUTHEAST	1:30 p.m.	H
Tue.	Sept. 11	MALONE	7:00 p.m.	H
Tue.	Sept. 18	* URBANA	7:00 p.m.	H
F-S	Sept. 21-22	at Best of the Best Tournament (Fort Wayne, Indiana)	TBA	A
Tue.	Sept. 25	* RIO GRANDE	7:00 p.m.	H
Thu.	Sept. 27	* at Cedarville	7:00 p.m.	A
Sat.	Sept. 29	* OHIO DOMINICAN DAEMEN (N.Y.)	11:00 a.m. 3:00 p.m.	H H
Thu.	Oct. 4	* at Shawnee State	7:00 p.m.	A
Sat.	Oct. 6	* at Rio Grande vs. Central State	1:00 p.m. 3:00 p.m.	A N
Thu.	Oct. 11	* WALSH	7:00 p.m.	H
F-S	Oct. 12-13	PAPA JOHN'S INVITATIONAL	TBA	H
Fri.	Oct. 12	TRINITY CHRISTIAN (Ill.)	4:00 p.m.	H
		TAYLOR (Ind.)	8:00 p.m.	H
Sat.	Oct. 13	CAMPBELLSVILLE (Ky.)	10:00 a.m.	H
		WEST VIRGINIA TECH	12:00 p.m.	H
Tue.	Oct. 16	* at Urbana	7:00 p.m.	A
F-S	Oct. 19-20	Roberts Wesleyan (N.Y.) Tourney	TBA	A
Tue.	Oct. 23	* CEDARVILLE	7:00 p.m.	H
Thu.	Oct. 25	* at Ohio Dominican	7:00 p.m.	A
Sat.	Oct. 27	at Malone vs. Houghton (N.Y.)	12:00 p.m. 2:00 p.m.	A N
Tue.	Oct. 30	* SHAWNEE STATE (<i>Senior Night</i>)	7:00 p.m.	H
Thu.	Nov. 1	* at Walsh	7:00 p.m.	A
F-S	Nov. 9-10	at AMC Tournament	TBA	TBA
W-S	Nov. 28- Dec. 1	at NAIA National Tournament (Columbia, Missouri)	TBA	A

HOME MATCHES IN BOLD CAPITALS

* denotes American Midwest Conference South Division matches

www.mvnu.edu/sports/nazvb/

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MVNU QUICK FACTS

Location:	800 Martinsburg Road, Mount Vernon, Ohio 43050
Founded:	1964
President:	Dr. Daniel J. Martin
Denomination:	Church of the Nazarene
Enrollment:	2,670
Nickname:	Lady Cougars
Colors:	Blue and Green
Volleyball Facility:	Physical Education Center
Seating Capacity:	2,000
Conference:	American Mideast
National Affiliations:	NAIA and NCCAA

Credits: *The 2007 Mount Vernon Nazarene University women's volleyball media guide was written and edited by Dave Parsons, Sports Information Director. The cover was designed by Tricia Grose.*

UNIVERSITY INFORMATION

MOUNT VERNON
NAZARENE UNIVERSITY

Life Changing

Founded in 1964 by the Church of the Nazarene, Mount Vernon Nazarene University held its first classes in October of 1968 on the former Lakeholm farm in Mount Vernon, Ohio. The land was purchased by public subscription and donated to the university.

With an enrollment of over 2,600, MVNU is the official university of the East Central Educational Region of the Church of the Nazarene. The primary responsibility for sponsorship and support of the university is charged to the Nazarene congregations in Ohio, West Virginia, and the eastern half of Kentucky.

The aspiration of the university is that academic and student life activities be integrated in a Wesleyan holiness tradition to facilitate character, value, and cultural development to improve the quality of life. This is expressed in the motto: "To seek to learn is to seek to serve."

The university offers more than 80 academic programs and a full range of pre-professional programs while granting associate's, bachelor's, and master's degrees. MVNU offers ten intercollegiate sports (men's and women's soccer, men's and women's cross country, women's volleyball, men's and women's basketball, baseball, softball, and golf), and students can take part in an active intramural program.

The Campus

The MVNU campus consists of 400 tree-filled acres on the Lakeholm farm. The gently rolling fields, bordered on the rear by the Kokosing River, constitute a campus of natural beauty. The university buildings are of Williamsburg colonial design blending well with the site and complementing Mount Vernon's reputation as "Ohio's Colonial City."

Four dormitories (Pioneer, Oakwood, Galloway, and Redwood) afford pleasant and attractive living quarters for residential students. Seven apartment complexes (Maplewood, Elmwood, Rosewood, Cedar, Birch, Spruce, and Cypress) house upper-division students.

The major buildings include three large classroom facilities (Faculty, Founders, and Regents Halls), the R.R. Hodges Chapel/Fine Arts Complex, the Free Enterprise Business Center, the Hyson Campus Center, the Lakeholm Administration Building, the Physical Education Center, the Donoho Recreation Center, the Heritage Bookstore, the Thorne Library and Learning Resource Center, the Jennie K. Moore Family and Consumer Science Building, and the Prince Student Union.

UNIVERSITY INFORMATION

In addition to the central campus, the university owns a 70-acre tract of woodland just six miles northeast of the city. Currently, this tract is used as a biological field station for MVNU's biology and natural resources programs.

Academic Programs

The university offers over 40 majors with more than 80 different programs from its 21 academic departments. Bachelor's degrees are available in: Nursing, Accounting, Business Administration, Applied Business Technology, Management, Marketing, International Business, Early Childhood Education, Middle Childhood Education, Integrated Language Arts, Integrated Mathematics, Integrated Social Studies, Life Science Education, Physical Science Education, Music Education, Physical Education/Health, Spanish Education, Visual Arts Education, Integrated Business, Family and Consumer Sciences, Exercise Studies, Sports Management, Art, Music, Communication, Broadcasting, Drama, Graphic Design, English, Professional Writing, Spanish, Biology, Chemistry, Pre-Allied Health Programs, Medical Technology, Computer Science, Mathematics, Children's Ministries, Educational Ministries, Youth Ministries, Philosophy, Religion, History, Psychology, Social Work, Criminal Justice, and Sociology. In addition, MVNU offers associate's degrees in: Applied Business Technology, Business Administration, Church Music, Family Life Management, Child Development Administration, Fitness Management, Business Data Processing, and Human Services. For more information, contact the admissions office at 1-866-462-6868.

The President



Dr. Daniel J. Martin assumed duties as the sixth president of Mount Vernon Nazarene University on February 1, 2007. Prior to coming to MVNU, he served as the vice president of University Advancement at Point Loma Nazarene (Calif.) University. He also served in various roles at MidAmerica Nazarene (Kan.) University including two vice president positions and as the executive assistant to the president.

Dr. Martin has two earned doctorate degrees in education from the University of Pennsylvania and the University of Kansas. He also has a juris doctorate and an MBA from the University of Kansas and a license with the Kansas Bar Association.

Dr. Martin resides in Mount Vernon with his wife, Pam, and their two sons, Jake and Josh.

HEAD COACH PAUL SWANSON



Paul Swanson is entering his 24th season as the head coach of the MVNU women's volleyball program. Over the past 23 years, Swanson has led the Lady Cougars to a 795-282 overall record (.738), six conference titles, fifteen National Christian College Athletic Association district or region championships, and sixteen straight trips to the NCCAA National Tournament. MVNU has also won 30 or more matches in each of the past fourteen seasons, topped the 40-win mark during seven of those years, and recorded 50-plus wins twice.

In 2006, Swanson guided the Lady Cougars to a 31-18 overall record and an 10-6 American Midwest Conference South Division mark. The team advanced to semifinals of both the NAIA Region IX Tournament and the NCCAA National Tournament.

Swanson has led his teams to the NAIA Region Tournament for thirteen straight seasons with the Lady Cougars advancing to the championship match five times (1999, 2000, 2001, 2004, and 2005).

During the decade of the 1990s, Swanson led MVNU to an incredible 122-9 home record that included a 70-match winning streak.

Swanson has been selected as the conference Coach of the Year four times and named the NCCAA district or region Coach of the Year fourteen times. In addition, he was featured in *Sports Illustrated* in the "Faces in the Crowd" section of the October 6, 1997 issue.

In 2005, Swanson was named to the NCCAA Hall of Fame – becoming the first MVNU player or coach to be so honored. He also became the NAIA's all-time wins leader during the 2006 season and finished the year with 810 victories in 24 years at NAIA schools.

Swanson has developed seven NAIA All-Americans, eighteen NCCAA All-Americans, one NCCAA National Player of the Year, and two conference Players of the Year during his tenure at MVNU. He has also had fourteen NAIA All-America Scholar-Athletes and one CoSIDA Academic All-American.

A native of Illinois, Swanson graduated from North Park (Ill.) College in 1975 after playing basketball for the Vikings. He went to West Virginia University after graduation and served as an assistant coach there.

Swanson traveled to Japan and South America as a coach with Athletes in Action during the summers of 1982 and 1983 respectively before taking a head coaching position at Waynesburg (Pa.) College in 1983. After a 15-15 campaign at Waynesburg, Swanson came to MVNU where he has now had 20 straight winning seasons.

Swanson, who teaches in the Physical Education Department, resides in Mount Vernon with his wife, Susie. The couple has three sons: Casey, Brady, and Riley. In 2002, Swanson was honored as the recipient of MVNU's President's Award for Excellence in Teaching.

NAIA ALL-TIME COACHING WINS LIST

#	Coach	School and Years	Record (%)
1	Paul Swanson	Waynesburg (Pa.) 1983 and Mount Vernon Nazarene (Ohio) 1984-present	810-297 (.732)
2	<i>Jerry Abraham</i>	<i>Madonna (Mich.) 1987-present</i>	<i>809-209 (.795)</i>
3	Donna Hawkins	Georgetown (Ky.) 1979-2004	797-253 (.759)
4	Marlene Piper	Portland State (Ore.) 1969-1983; California 1984-1987; Cal.-Davis 1988-1993; and Willamette (Ore.) 1994-1998*	780-291 (.728)
5	Susie Toomey	East Tennessee State 1970-1972 and King (Tenn.) 1985-2006	749-229 (.768)
6	<i>Stew McDole</i>	<i>Graceland (Iowa) 1982-present</i>	<i>741-360 (.673)</i>
7	Susan Duke	Southwest Texas State 1970-1972 and Texas Lutheran 1973-1993	738-321 (.697)
8	<i>Dennis Janzen</i>	<i>Fresno Pacific (Calif.) 1983-1991, 1994-present</i>	<i>713-164 (.813)</i>
9	<i>Maxine Mehus</i>	<i>Dakota State (S.D.) 1977-1978; Peru State (Neb.) 1979-1988; Emporia State (Kan.) 1988-2005; and Mayville State (N.D.) 2006-present</i>	<i>658-369 (.641)</i>
10	Marian Pesky	Briar Cliff (Iowa) 1969-1993	634-283 (.691)
11	Tracy Rietzke	Kansas Wesleyan 1982-1987 and Rockhurst (Mo.) 1988-1997*	630-118 (.877)
12	Jody Wise	Fort Hays State (Kan.) 1978-1995 and Concordia (Calif.) 1996-2000	627-493 (.560)
13	<i>Brenda Williams</i>	<i>Alabama-Birmingham 1980-1991 and Olivet Nazarene (Ill.) 1996-present</i>	<i>617-416 (.597)</i>
14	Gene Hall	Culver-Stockton (Mo.) 1981-2000	614-250 (.711)
15	Chris Meyer	Illinois Tech 1979-2002	596-240 (.713)
16	Rich Luenemann	Saint Francis (Ill.) 1981-1998	590-262 (.692)
17	<i>Mike Gibson</i>	<i>Michigan-Dearborn 1983-present</i>	<i>583-503 (.537)</i>
18	<i>Andrea Hudson</i>	<i>Lee (Tenn.) 1991-present</i>	<i>535-190 (.738)</i>
19	Rick Hall	Seton Hill (Pa.) 1982-2005*	521-240 (.685)
20	<i>Cindy Meyer</i>	<i>Doane (Neb.) 1986-present</i>	<i>507-258 (.663)</i>

* denotes school left NAIA after this year
italics indicates coaches still active at NAIA schools through 2006

ASSISTANT COACHES



Melissa Gregory is entering her twelfth season as an assistant coach for the MVNU women's volleyball program. Over the past 11 years, the team has posted an overall record of 432-125 with four conference titles and four runner-up finishes. The Lady Cougars have also advanced to the NAIA Region Tournament and the NCCAA National Tournament in each of the 11 seasons that Gregory has served as an assistant.

Gregory was an outside hitter on the MVNU teams that posted a 163-33 record (.832 winning percentage) from 1992-1995. She also went 50-0 at home during her career as she had a hand in the program's school-record 70-match home winning streak during the decade of the 1990s. In addition, she helped the Lady Cougars to their first two conference titles in 1994 and 1995.

As a senior, Gregory was named to the NCCAA All-District Team, and she still ranks fifth in career aces (187), sixth in career serve reception percentage (93.0 percent), and fifteenth in career digs (1,138).

Gregory lives in Mount Vernon with her husband, Steve, the MVNU women's basketball coach and assistant sports information director, and their two children, Taylor and Tyler.



Katey Percival is entering her first season as an assistant coach for the MVNU women's volleyball program after putting together a standout career for the Lady Cougars from 2001-2003. As a setter on the team, she finished her career second in school history in career assists (4,259) – just 27 assists shy of the all-time MVNU mark. She also helped the Lady Cougars to a 111-31 record (.782) during her career.

In addition to ranking second on MVNU's career assists list, Percival still ranks 21st in career digs with 1,029. She also finished with 252 kills, 179 blocks, and 99 aces in her three years with the Lady Cougars, and she posted a career serving percentage of 97.0 percent.

Percival, who was a two-time American Midwest Conference South Division First Team selection, was selected as the NCCAA East Region Player of the Year in 2003. After being on the NCCAA All-American Second Team in 2002, she was named to the NCCAA All-American First Team and the NAIA Honorable Mention All-American Team in 2003.

Percival lives in Apple Valley and is pursuing her master's degree through the Professional Educator's License (PEL) program at MVNU.

SPORTS INFORMATION DIRECTOR



Dave Parsons is entering his tenth year as the sports information director at MVNU and his fifteenth season serving as the primary media contact for the Lady Cougars' volleyball program. Prior to assuming the role as SID, Parsons served as the assistant SID for five years handling primarily the women's sports – a role that he began during his senior year at MVNU and continued in upon graduation in 1994.

Parsons, who has won numerous awards from NAIA-SIDA and CoSIDA for his media guides and feature stories, is currently serving the first of a two-year term as the President of NAIA-SIDA. He has also been a CoSIDA member for 15 years and has served on several CoSIDA committees.

Parsons resides in Mount Vernon with his wife, Carla, who works as a research assistant in the Institutional Research and Planning Office at MVNU, and their two daughters, Ashley and Kylie. In addition to obtaining his undergraduate degree in 1994, Parsons also earned a master's degree in Human Resource Management from MVNU in 2006.

2007 MVNU VOLLEYBALL ROSTER

<u>#</u>	<u>PLAYER</u>	<u>YR</u>	<u>POS</u>	<u>HT</u>	<u>HOMETOWN</u>	<u>HIGH SCHOOL</u>
3	Jackie Albrecht	Fr	MH	5-10	Lexington, OH	Mansfield Christian
4	Stephanie Zollars	So	MH	5-9	Bellbrook, OH	Bellbrook
5	Courtney Springer	So	OH	5-7	Van Wert, OH	Crestview
10	Shena Beheler	Sr	MH	5-10	Butler, OH	Fredericktown
11	Caitlin Myles	Fr	S	5-6	Centerburg, OH	Centerburg
12	Kaylin Austen	So	S	5-7	Shelby, OH	Shelby
13	Julie Haumschild	So	MH	6-1	Warsaw, OH	Danville
14	Tiffany Milburn	Sr	L/OH	5-6	Centerburg, OH	Centerburg
15	Emily Walsh	Fr	OH	5-7	Newark, OH	Licking Co. Christ.
16	Sarah Yutzy	Fr	MH	5-10	West Jefferson, OH	West Jefferson
17	Audrey Hickinbotham	Jr	OH	5-8	Mansfield, OH	Mansfield Christian
18	Abby Smith	Fr	OH	5-8	Centerburg, OH	Centerburg

Head Coach: Paul Swanson

Assistant Coaches: Melissa Gregory and Katey Percival

Athletic Trainer: Brian Humphrey

PLAYER PROFILES



SHENA BEHELER

Senior, Middle Hitter, 5-10

Butler, OH

Fredericktown High School

Birthdate: June 6, 1984

Majors: Physical Education/Health Education

10

2006 Season: Led the team and the AMC with a school-record 792 kills and 242 blocks. Named to the AMC South Division First Team, the NAIA Region IX Team, the NCCAA All-American First Team, and the NAIA Honorable Mention All-American Team. Selected as NCCAA National Player of the Year. **2005 Season:** Led the team with 711 kills and 266 blocks. Named to the AMC South Division First Team, the NAIA Region IX Team, the NCCAA All-American Second Team, and the NAIA Honorable Mention All-American Team. **2004 Season:** Posted 229 blocks and 581 kills. Was an AMC South Division Honorable Mention pick.

Year	HITTING						BLOCKING			ASSISTS	
	G	ATT	K	E	%	KPG	BS	BA	BPG	AS	APG
2004	169	1237	581	175	.328	3.44	62	167	1.36	24	0.14
2005	186	1500	711	218	.329	3.82	101	165	1.43	37	0.20
2006	171	1664	792	301	.295	4.63	98	144	1.42	32	0.19
Totals:	526	4401	2084	694	.316	3.96	261	476	1.40	93	0.18

Year	SERVING						RECEIVING				DIGS	
	G	ATT	A	E	%	APG	RA	RE	%	RPG	D	DPG
2004	169	702	63	69	.902	0.37	275	33	.880	1.63	203	1.20
2005	186	791	46	49	.938	0.25	855	76	.911	4.60	435	2.34
2006	171	712	52	43	.940	0.30	773	84	.891	4.52	463	2.71
Totals:	526	2205	161	161	.927	0.31	1903	193	.899	3.62	1101	2.09



AUDREY HICKINBOTHAM

Junior, Outside Hitter, 5-8

Mansfield, OH

Mansfield Christian High School

Birthdate: October 5, 1986

Major: Psychology

17

2006 Season: Played in 63 games with 69 kills and 43 digs. **2005 Season:** Posted 214 kills, 91 blocks, and 121 digs as a freshman at Asbury (Ky.) College and was named to the NCCAA Mid-East Region Team.

Year	HITTING						BLOCKING			ASSISTS	
	G	ATT	K	E	%	KPG	BS	BA	BPG	AS	APG
2006	63	234	69	29	.171	1.10	5	17	0.35	9	0.14

Year	SERVING						RECEIVING				DIGS	
	G	ATT	A	E	%	APG	RA	RE	%	RPG	D	DPG
2006	63	194	16	9	.954	0.25	54	13	.759	0.86	43	0.68

PLAYER PROFILES



TIFFANY MILBURN

Senior, Libero/Outside Hitter, 5-6
 Centerburg, OH
 Centerburg High School
 Birthdate: January 7, 1986
 Major: Sports Management

14

2006 Season: Set school records with 851 digs and 1,439 serve reception attempts while also recording a team-high 67 aces. Named to the AMC South Division Honorable Mention Team and the NCCAA All-American Second Team. **2005 Season:** Played in a team-high 192 games with a team-best 72 aces and 615 digs. **2004 Season:** Played in 145 games with 290 digs.

Year	HITTING						BLOCKING			ASSISTS	
	G	ATT	K	E	%	KPG	BS	BA	BPG	AS	APG
2004	145	63	15	13	.032	0.10	2	0	0.01	10	0.07
2005	192	137	33	34	.000	0.17	2	3	0.03	16	0.08
2006	171	53	11	10	.019	0.06	0	0	0.00	29	0.17
Totals:	508	253	59	57	.008	0.12	4	3	0.01	55	0.11

Year	SERVING						RECEIVING				DIGS	
	G	ATT	A	E	%	APG	RA	RE	%	RPG	D	DPG
2004	145	91	5	4	.956	0.03	490	41	.916	3.38	290	2.00
2005	192	944	72	65	.931	0.38	821	56	.932	4.28	615	3.20
2006	171	892	67	53	.941	0.39	1439	101	.930	8.42	851	4.98
Totals:	508	1927	144	122	.937	0.28	2750	198	.928	5.41	1756	3.46



COURTNEY SPRINGER

Sophomore, Outside Hitter, 5-7
 Van Wert, OH
 Crestview High School
 Birthdate: March 2, 1988
 Major: Pre-Physical Therapy

5

2006 Season: Played in 168 games and was second on the team with 344 kills while also registering 141 blocks, 74 assists, and 295 digs. Named to the AMC South Division All-Freshmen Team, the AMC South Division Honorable Mention Team, and the NCCAA All-National Tournament Team.

Year	HITTING						BLOCKING			ASSISTS	
	G	ATT	K	E	%	KPG	BS	BA	BPG	AS	APG
2006	168	889	344	161	.206	2.05	32	109	0.84	74	0.44
Totals:	168	889	344	161	.206	2.05	32	109	0.84	74	0.44

Year	SERVING						RECEIVING				DIGS	
	G	ATT	A	E	%	APG	RA	RE	%	RPG	D	DPG
2006	168	504	29	23	.954	0.17	558	53	.905	3.32	295	1.76
Totals:	168	504	29	23	.954	0.17	558	53	.905	3.32	295	1.76

PLAYER PROFILES



KAYLIN AUSTEN

Sophomore, Setter, 5-7
 Shelby, OH
 Shelby High School
 Birthdate: October 13, 1987
 Major: Accounting

12

2006 Season: Played in 96 games and handed out 484 assists to go with 129 digs. Was second on the team by averaging 5.04 assists per game.

Year	G	HITTING					BLOCKING			ASSISTS		
		ATT	K	E	%	KPG	BS	BA	BPG	AS	APG	
2006	96	33	7	3	.121	0.07	0	3	0.03	484	5.04	
Year	G	SERVING					RECEIVING				DIGS	
		ATT	A	E	%	APG	RA	RE	%	RPG	D	DPG
2006	96	282	6	15	.947	0.06	3	1	.667	0.03	129	1.34



STEPHANIE ZOLLARS

Sophomore, Middle Hitter, 5-9
 Bellbrook, OH
 Bellbrook High School
 Birthdate: August 7, 1987
 Major: Nursing

4

2006 Season: Played in 140 games and was second on the team with 148 blocks to go along with 168 kills and 28 digs. Ranked tenth in the AMC in blocks per game (1.06).

Year	G	HITTING					BLOCKING			ASSISTS		
		ATT	K	E	%	KPG	BS	BA	BPG	AS	APG	
2006	140	543	168	107	.112	1.20	53	95	1.06	17	0.12	
Year	G	SERVING					RECEIVING				DIGS	
		ATT	A	E	%	APG	RA	RE	%	RPG	D	DPG
2006	140	45	3	1	.978	0.02	45	6	.867	0.32	28	0.20



JULIE HAUMSCHILD

Sophomore, Middle Hitter, 6-1
 Warsaw, OH
 Danville High School
 Birthdate: October 11, 1987
 Major: Chemistry

13

College: Was a member of the MVNU women's basketball team in 2006-2007 and did not play volleyball. **High School:** Was a three-year letterwinner at Danville H.S. and earned All-Conference Second Team honors as a senior.

PLAYER PROFILES



JACKIE ALBRECHT

Freshman, Middle Hitter, 5-10
Lexington, OH
Mansfield Christian High School
Birthdate: July 13, 1989
Major: Pre-Physical Therapy

3

High School: Was a four-year letterwinner in volleyball, basketball, and softball at Mansfield Christian H.S. Helped team to three sectional volleyball titles and was named to the All-Ohio Honorable Mention list as a junior. Played in just one volleyball match as a senior due to injuries.



EMILY WALSH

Freshman, Outside Hitter, 5-7
Newark, OH
Licking County Christian Academy
Birthdate: June 8, 1989
Major: Pre-Physical Therapy

15

High School: Registered 210 kills as a senior at Licking County Christian Academy and helped the school to back-to-back conference titles as a sophomore and junior. Was a three-time All-Conference pick and the 2005 BCSA Tournament Most Valuable Player.



SARAH YUTZY

Freshman, Middle Hitter, 5-10
West Jefferson, OH
West Jefferson High School
Birthdate: September 20, 1989
Major: Elementary Education

16

High School: Recorded 175 kills, 166 blocks, and 82 digs as a senior to help West Jefferson H.S. to a conference title. Was named the conference Player of the Year as a senior and was a four-time All-County selection.

PLAYER PROFILES



CAITLIN MYLES

Freshman, Setter, 5-6
Centerburg, OH
Centerburg High School
Birthdate: April 16, 1989
Major: Nursing

11

High School: Handed out 712 assists to go with 221 digs as a senior while serving at a 99.7 percent clip. Was a two-time All-Conference pick and an All-District Second Team choice as a senior. Helped Centerburg H.S. to four district championships.

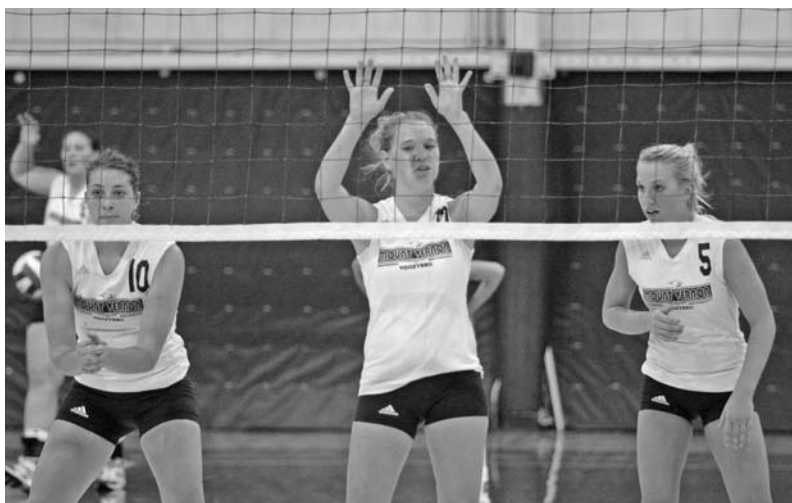


ABBY SMITH

Freshman, Outside Hitter, 5-8
Centerburg, OH
Centerburg High School
Birthdate: February 13, 1989
Major: Middle Childhood Education

18

High School: Helped Centerburg H.S. to Mid-Buckeye Conference and district titles as a junior and senior. Was selected as the team's Most Inspirational Award recipient as a junior.



From left: Shena Beheler, Audrey Hickinbotham, and Courtney Springer

2007 NAIA PRESEASON POLL

Released by NAIA Sports Information Department

Rank	Final 2006	Team	1st Place Votes	2006 Record	Points
1	1	National American (S.D.)	10	41-0	296
2	2	Fresno Pacific (Calif.)	2	36-2	290
3	4	California Baptist		32-8	276
4	3	Concordia (Calif.)		31-5	259
5	6	Dickinson State (N.D.)		28-11	255
6	8	Albertson (Idaho)		35-4	234
7	7	Madonna (Mich.)		38-5	223
8	11	Azusa Pacific (Calif.)		22-13	209
9	12	Hastings (Neb.)		35-8	196
10	21	Savannah Art & Design (Ga.)		26-13	193
11	13	Biola (Calif.)		20-12	158
12	17	Lee (Tenn.)		32-9	152
13	16	Walsh (Ohio)		35-3	141
14	18	Northwestern (Iowa)		33-6	128
14	22	St. Mary (Neb.)		37-9	128
16	14	Point Loma Nazarene (Calif.)		20-9	99
17	19	Bellevue (Neb.)		31-9	85
17	NR	Georgetown (Ky.)		34-15	85
19	23	Doane (Neb.)		26-9	81
20	20	Berry (Ga.)		35-9	68
21	NR	Cornerstone (Mich.)		39-9	66
22	15	Dordt (Iowa)		28-11	60
23	NR	Great Falls (Mont.)		21-8	57
24	24	Martin Methodist (Tenn.)		31-7	32
25	NR	Westminster (Utah)		23-11	30

Others Receiving Votes: Cedarville (Ohio) 17; Southern Oregon 10; Campbellsville (Ky.) 9; Indiana Wesleyan 8; Webber International (Fla.) 5; **Mount Vernon Nazarene (Ohio) 4**; Vanguard (Calif.) 3; Freed-Hardeman (Tenn.) 2; Taylor (Ind.) 1.

2007 SEASON OUTLOOK

The Mount Vernon Nazarene University women's volleyball team will look to continue the program's impressive winning tradition in 2007 as the Lady Cougars make final preparations for the new season which will get under way on August 31 at the Judson (Ill.) College Invitational.

MVNU posted a 31-18 overall record in 2006 and finished 10-6 in the highly-competitive American Midwest Conference South Division. The Lady Cougars won the National Christian College Athletic Association East Region title and advanced to the NCCAA National Tournament for the sixteenth straight season. The team also qualified for the NAIA Region IX Tournament for the 13th consecutive year and advanced to the semifinals before having the season come to an end.

Heading into the 2007 season, head coach Paul Swanson sees two positives that will help his team as they attack the new campaign.

"In order to be successful each year, there are two primary things that I look for," said Swanson, who is entering his 24th year at MVNU and stands as the NAIA's all-time leader in wins with an overall record of 810-297. "First, the returning players have to have individual improvement, and I see that especially in our three returning sophomores. Second, the new players have to have the ability to step in and contribute right away. We have several freshmen who are working hard and should be able to contribute early in the season for us."

Leading the Lady Cougars' attack will be senior middle hitter Shena Beheler, who returns after a record-setting season as a junior in which she led the AMC in kills per game (4.63) and blocks per game (1.42). Beheler, who was selected as the NCCAA National Player of the Year in 2006 and was named an NAIA Honorable Mention All-American for the second straight year, enters her final season with 2,084 career kills and 737 career blocks as she ranks second on MVNU's all-time lists in both.

Senior Tiffany Milburn also returns after junior year in which she set school records for most serve reception attempts (1,439) and most digs (851). She will most likely be used as the Lady Cougars' libero, but she could also see time as an outside hitter. She ranks second in school history in serve reception attempts (2,750) and sixth in digs (1,756).

"Our two seniors are both very good players who have already made a name for themselves in our conference," said Swanson. "Right now, we are still trying to figure out the best position for each of them that will benefit the team the most. It's a good problem to have since they are both so versatile."

Joining Beheler at the middle hitter spot will be sophomores Stephanie Zollars and Julie Haumschild and freshmen Jackie Albrecht and Sarah Yutzy. Zollars ranked tenth in the AMC in blocks per game (1.06) as a freshman, and Albrecht and Yutzy each had solid high school

2007 SEASON OUTLOOK

careers at Mansfield Christian and West Jefferson respectively. Haumschild joins the team after playing basketball as a freshman.

Sophomore Courtney Springer, junior Audrey Hickinbotham, and freshman Emily Walsh will lead the competition for playing time at the outside hitter position, while Beheler, Milburn, and Zollars could all figure into the mix along with freshman Abby Smith. Springer earned a spot on the AMC South Division All-Freshmen Team after averaging 2.05 kills and 0.84 blocks per game last year. Hickinbotham contributed 69 kills in 63 games last season, while Walsh was a standout at Licking County Christian Academy and Smith played at Centerburg High School.

One of the biggest question marks heading into the season will be the setter position as the starting spot is up for grabs. Sophomore Kaylin Austen saw action in 96 games last year and averaged 5.04 assists, while freshman Caitlin Myles of Centerburg High School will also compete for playing time.

In the back row, Milburn returns to anchor the Lady Cougars' defensive effort, while Walsh, Smith, and Myles could also see playing time as defensive specialists.

MVNU's schedule should once again prove to be challenging as the Lady Cougars look to prepare themselves for a run at the postseason. The team will compete in the Judson Invitational, the Best of the Best Tournament, and Roberts Wesleyan (N.Y.) Tournament as well as hosting the Papa John's Invitational. MVNU is scheduled to play Georgetown (Ky.) College, ranked 17th in the NAIA preseason poll, and 20th-ranked Berry (Ga.) College at the Best of the Best Tournament, and the team will take on Taylor (Ind.) University and Campbellsville (Ky.) University, who both received votes in the preseason poll, in the Papa John's Invitational.

The Lady Cougars will also compete for the AMC South Division title once again after finishing fourth last year. Defending champion Walsh University, ranked 13th in the preseason poll, will be the early favorite after going 15-1 last year with the only loss coming at the hands of MVNU. The Lady Cougars and Cedarville University both received votes in the NAIA preseason poll, while Urbana University, Ohio Dominican University, Shawnee State University, and the University of Rio Grande are all very competitive and make every AMC South Division match an important one as only the top three teams will advance to the AMC Tournament this year.

The Lady Cougars will also look to participate in the NCCAA National Tournament if they do not qualify for the NAIA National Tournament since both tournaments take place at the same time this year. MVNU has made 16 straight trips to the NCCAA National Tournament.

2006 INDIVIDUAL HONORS

- Shena Beheler: AMC and NAIA Region Player of the Week – 3 times
NAIA National Player of the Week (Oct. 9-15)
Michigan-Dearborn Invitational All-Tournament Team
Cornerstone Invitational All-Tournament Team
Indiana Wesleyan Invitational All-Tournament Team
Papa John's Invitational All-Tournament Team
NCCAA All-National Tournament Team
AMC South Division First Team
NCCAA East Region Team and Player of the Year
NAIA Region IX First Team
NCCAA All-American First Team
NCCAA National Player of the Year
NAIA Honorable Mention All-American
2006 Team Most Valuable Player
- Katie Ickes: American Midwest Conference All-Academic Team
NCCAA Scholar-Athlete Team
NAIA Scholar-Athlete Team
- Tiffany Milburn: AMC and NAIA Region Libero of the Week – 2 times
NCCAA National Player of the Week
Cornerstone Invitational All-Tournament Team
Indiana Wesleyan Invitational All-Tournament Team
Papa John's Invitational All-Tournament Team
AMC South Division Honorable Mention
NCCAA East Region Team
NCCAA All-American Second Team
- Audrey Hickenbotham: 2006 Cougar Award Recipient
- Courtney Springer: NCCAA All-National Tournament Team
AMC South Division Honorable Mention
AMC South Division All-Freshmen Team
NCCAA East Region Honorable Mention
- Rachael Walpole: AMC South Division Honorable Mention
NCCAA East Region Team
- Jessi Weaver: American Midwest Conference All-Academic Team
NCCAA Scholar-Athlete Team
NAIA Scholar-Athlete Team
- Coach Paul Swanson: NCCAA East Region Coach of the Year
797th Career Win – Tied NAIA Record (Sept. 26th)
798th Career Win – Broke NAIA Record (Sept. 28th)
800th Career Win – First NAIA Coach (Oct. 7th)
Inducted into Cougar Wall of Fame on Oct. 14th

2006 SEASON RECAP

Despite having to replace three significant starters in the lineup heading into the 2006 campaign, the MVNU women's volleyball team continued its impressive winning tradition by posting a 31-18 overall record and advancing to both the National Christian College Athletic Association National Tournament and the NAIA Region IX Tournament semifinals.

In addition to the lineup changes, the team also knew that it would face another challenging schedule as the season got under way. MVNU ended up playing eight matches against teams ranked in the NAIA Top 25, and the Lady Cougars also faced several other teams that received votes in the weekly polls. Four opponents – Madonna (Mich.) University, Columbia (Mo.) College, Olivet Nazarene (Ill.) University, and Cedarville University – eventually qualified for the NAIA National Tournament.

MVNU got off to a 13-4 start to begin the season as the Lady Cougars finished fourth at the University of Michigan-Dearborn Invitational out of 12 teams and went unbeaten at the 12-team Cornerstone (Mich.) University Invitational but finished second due to game record. MVNU also finished second at the Indiana Wesleyan University Invitational.

At that point, the Lady Cougars began American Midwest Conference South Division play with a few non-conference matches and tournaments mixed into the schedule. MVNU posted a 10-6 record in conference play and handed Walsh University, who finished the year ranked 16th in the NAIA poll, its only conference loss. The Lady Cougars finished the regular-season portion of their schedule with a 25-14 overall record.

During this stretch, Swanson notched two coaching milestones as he broke the NAIA's all-time wins mark with his 798th career win in a victory at Geneva (Pa.) College on September 28th. Then, in the win over Walsh on October 7th, he became the first NAIA coach and only the ninth active college volleyball coach to reach the 800-win mark.

MVNU also earned a berth in the NCCAA National Tournament for the sixteenth straight year by claiming the NCCAA East Region title. The Lady Cougars went 3-1 in pool play at the 10-team event at Northwestern College in St. Paul, Minnesota, and advanced to the semifinals before falling in four games to eventual national champion, Cedarville.

Then, MVNU switched its focus to the AMC Tournament at Roberts Wesleyan where the Lady Cougars were seeded fourth in the AMC South Division. MVNU eliminated AMC North Division third seed Notre Dame College before falling to Tiffin University, the AMC South Division second seed. However, the Lady Cougars kept their season alive by knocking off Geneva, the AMC North Division second seed, in the fifth-place match to advance to the NAIA Region IX Tournament for the 13th straight season as well as reaching the 30-win mark for the fourteenth straight year.

MVNU swept Roberts Wesleyan in the quarterfinals of the NAIA Region IX Tournament, but the Lady Cougars saw their season come to an end as they fell to host Walsh in straight games in the semifinals.

"This was a season of many positives and some struggles," said Swanson, who finishes his 23rd season at MVNU with a 795-282 mark with the Lady Cougars and an 810-297 career mark in 24 years at the NAIA level. "We played a very challenging schedule, and our inconsistency did not allow us to succeed as much as we expected. However, we did win 31 matches and that is a lot in anyone's book."

Individually, seniors Katie Ickes, Rachael Walpole, Katie Vipperman, and Jessi Weaver wrapped up their careers at MVNU. Ickes finished her career ranked twelfth in school history with 1,215 kills, while Walpole ranks ninth in school history with 1,665 career assists to go with 979 career kills in just three seasons. Vipperman also finished her career ranked eighteenth in school history with 1,093 digs.

Junior Shena Beheler put together one of the best individual seasons in school history as she set new school records with 792 kills and 4.63 kills per game. She moved into second place in school history in both career kills (2,084) and blocks (737). Meanwhile, junior Tiffany Milburn set new school records with 851 digs and 1,439 serve reception attempts in 2006 as she moved into second place in serve reception attempts (2,750) and sixth place in digs (1,756) on MVNU's all-time lists.

2006 RESULTS

<u>Date</u>	<u>Opponent</u>	<u>Scores</u>	<u>Record</u>
8-24	at Spring Arbor (MI)	30-24, 21-30, 20-30, 29-31	0-1
8-24	vs. Concordia (MI)	30-13, 30-13, 30-17	1-1
8-25	~ vs. Concordia (MI)	30-15, 30-22, 30-22	2-1
8-25	~ vs. Bethel (IN)	30-17, 30-24, 30-22	3-1
8-26	~ vs. Madonna (MI)	15-30, 18-30, 27-30	3-2
8-26	~ at Michigan-Dearborn	30-26, 24-30, 28-30, 24-30	3-3
8-31	at Siena Heights (MI)	30-17, 30-23, 30-20	4-3
8-31	vs. Rochester (MI)	30-20, 30-21, 30-21	5-3
9-1	% vs. Illinois Tech	26-30, 30-22, 33-31, 30-28	6-3
9-1	% vs. Davenport (MI)	30-14, 30-25, 30-16	7-3
9-1	% vs. Saint Francis (IL)	27-30, 30-14, 30-22, 30-14	8-3
9-2	% vs. Aquinas (MI)	30-18, 30-23, 30-23	9-3
9-7	NOTRE DAME	30-14, 30-24, 30-24	10-3
9-8	= vs. Campbellsville (KY)	23-30, 28-30, 30-28, 31-29, 15-13	11-3
9-8	= at Indiana Wesleyan	32-34, 16-30, 30-24, 30-22, 9-15	11-4
9-9	= vs. Siena Heights (MI)	30-18, 28-30, 30-20, 30-22	12-4
9-9	= vs. Trinity Christian (IL)	30-26, 30-19, 30-21	13-4
9-12	* RIO GRANDE	30-24, 30-14, 30-26	14-4
9-14	* at Shawnee State	30-23, 30-12, 30-27	15-4
9-19	* at Urbana	17-30, 30-32, 23-30	15-5
9-21	* OHIO DOMINICAN	30-21, 30-24, 30-21	16-5
9-22	@ vs. Olivet Nazarene (IL)	15-30, 22-30, 32-30, 30-21, 15-17	16-6
9-22	@ vs. Columbia (MO)	25-30, 18-30, 30-32	16-7
9-23	@ vs. Roberts Wesleyan (NY)	30-26, 30-28, 30-23	17-7
9-23	@ vs. Cornerstone (MI)	21-30, 30-28, 23-30, 30-24, 13-15	17-8
9-26	* at Malone	30-24, 30-23, 30-23	18-8
9-28	at Geneva (PA)	30-23, 30-26, 30-18	19-8
10-3	* CEDARVILLE	26-30, 20-30, 27-30	19-9
10-7	* URBANA	24-30, 30-26, 30-19, 30-20	20-9
10-7	* WALSH	20-30, 30-28, 30-27, 30-26	21-9
10-10	* at Tiffin	23-30, 29-31, 30-22, 27-30	21-10
10-13	*# MALONE	30-21, 30-13, 31-29	22-10
10-14	*# SHAWNEE STATE	30-17, 30-22, 31-29	23-10
10-14	# CAMPBELLSVILLE (KY)	30-27, 33-35, 24-30, 22-30	23-11
10-17	* at Walsh	25-30, 18-30, 18-30	23-12
10-19	* at Rio Grande	30-27, 30-19, 30-12	24-12
10-24	* at Cedarville	27-30, 22-30, 29-31	24-13
10-26	* at Ohio Dominican	30-23, 30-22, 29-31, 30-24	25-13
10-31	* TIFFIN	30-26, 30-23, 28-30, 24-30, 14-16	25-14
11-2	\$ at Northwestern (MN)	30-26, 30-25, 30-22	26-14
11-2	\$ vs. Trinity International (IL)	28-30, 30-23, 30-23, 30-21	27-14
11-3	\$ vs. Simpson (CA)	32-30, 31-29, 30-22	28-14
11-3	\$ vs. Palm Beach Atlantic (FL)	30-28, 26-30, 27-30, 24-30	28-15
11-4	\$ vs. Cedarville	18-30, 30-22, 20-30, 18-30	28-16
11-10	! vs. Notre Dame	30-17, 25-30, 30-16, 30-16	29-16
11-10	! vs. Tiffin	27-30, 24-30, 25-30	29-17

2006 RESULTS

Date	Opponent	Scores	Record
11-11	! vs. Geneva (PA)	30-26, 30-21, 30-32, 30-26	30-17
11-17	+ vs. Roberts Wesleyan (NY)	30-24, 30-23, 30-23	31-17
11-18	+ at Walsh	21-30, 21-30, 20-30	31-18

HOME MATCHES IN ALL CAPITALS

* American Midwest Conference South Division Matches

~ University of Michigan-Dearborn Invitational

% Cornerstone (MI) University Invitational

= Indiana Wesleyan University Invitational

@ Best of the Best Tournament (at University of Saint Francis)

Papa John's Invitational (at MVNU)

\$ NCCAA National Tournament (at Northwestern College)

! American Midwest Conference Tournament (at Roberts Wesleyan College)

+ NAIA Region IX Tournament (at Walsh University)

2006 STATISTICS

Player	HITTING						BLOCKING			ASSISTS	
	G	ATT	K	E	%	KPG	BS	BA	BPG	AS	APG
Beheler	171	1664	792	301	.295	4.63	98	144	1.42	32	0.19
Milburn	171	53	11	10	.019	0.06	0	0	0.00	29	0.17
Springer	168	889	344	161	.206	2.05	32	109	0.84	74	0.44
Vipperman	168	419	130	71	.141	0.77	25	27	0.31	17	0.10
Walpole	168	780	279	99	.231	1.66	12	35	0.28	1417	8.43
Anderson	150	984	294	197	.099	1.96	13	52	0.43	28	0.19
Zollars	140	543	168	107	.112	1.20	53	95	1.06	17	0.12
Ickes	137	985	322	172	.152	2.35	11	39	0.36	11	0.08
Austen	96	33	7	3	.121	0.07	0	3	0.03	484	5.04
Incerpi	70	7	0	2	.000	0.00	0	0	0.00	0	0.00
Hickinbotham	63	234	69	29	.171	1.10	5	17	0.35	9	0.14
Weaver	18	51	10	6	.078	0.56	1	2	0.17	2	0.11
TOTALS	172	6642	2426	1158	.191	14.10	250	523	2.97	2120	12.33

Player	SERVING						RECEIVING				DIGS	
	G	ATT	A	E	%	APG	RA	RE	%	RPG	D	DPG
Beheler	171	712	52	43	.940	0.30	773	84	.891	4.52	463	2.71
Milburn	171	892	67	53	.941	0.39	1439	101	.930	8.42	851	4.98
Springer	168	504	29	23	.954	0.17	558	53	.905	3.32	295	1.76
Vipperman	168	887	40	45	.949	0.24	805	50	.938	4.79	514	3.06
Walpole	168	732	41	35	.952	0.24	176	12	.932	1.05	337	2.01
Anderson	150	190	9	17	.911	0.06	64	10	.844	0.43	110	0.73
Zollars	140	45	3	1	.978	0.02	45	6	.867	0.32	28	0.20
Ickes	137	1	0	0	1.000	0.00	16	4	.750	0.12	74	0.54
Austen	96	282	6	15	.947	0.06	3	1	.667	0.03	129	1.34
Incerpi	70	229	13	18	.921	0.19	30	6	.800	0.43	48	0.69
Hickinbotham	63	194	16	9	.954	0.25	54	13	.759	0.86	43	0.68
Weaver	18	30	3	4	.867	0.17	4	0	1.000	0.22	10	0.56
TOTALS	172	4698	279	263	.944	1.62	3967	340	.914	23.06	2902	16.87

MVNU'S AFFILIATIONS



The American Midwest Conference, formerly known as the Mid-Ohio Conference, has been providing quality athletic competition for academically-qualified student-athletes since the league's founding in 1949. The AMC, which is affiliated with the National Association of Intercollegiate Athletics, believes that collegiate athletics is an integral part of the total educational program of each of its member schools. The AMC features championships in 15 sports, seven for men and eight for women. AMC student-athletes and teams continue to make their mark on the NAIA national level by virtue of All-Americans, Scholar-Athletes, team rankings, or statistical leaders.

The AMC is made up of the following 16 institutions located throughout Ohio, Pennsylvania, and New York: Carlow College, Cedarville University, Daemen College, Houghton College, Malone College, Mount Vernon Nazarene University, Notre Dame College, Ohio Dominican University, Point Park University, University of Rio Grande, Roberts Wesleyan College, Shawnee State University, Urbana University, Ursuline College, Walsh University, and Wilberforce University. The AMC is divided into the North and South Divisions in most sports.



Throughout its history, the National Association of Intercollegiate Athletics has provided strong leadership for all aspects of intercollegiate sports. Since its introduction of intercollegiate basketball in 1937, the NAIA has maintained the highest standards while administering first-rate athletics programs. Time and time again, the NAIA has stepped forward to address the important issues of the day – be it racial integration in the '40s and '50s or establishing the first women's championship program in 1980. The NAIA has not been afraid to enact changes while others have watched and waited.

MVNU'S AFFILIATIONS

With its major emphasis on educational development, it was natural for the NAIA to further strengthen academic eligibility requirements in the mid-1980s. All NAIA participating student-athletes must maintain a certain grade point average while accumulating credit hours for a declared academic degree. Unlike other associations, NAIA student-athlete academic eligibility is monitored on a semester-by-semester basis. The Scholar-Athlete program, a longstanding NAIA tradition, recognizes junior and senior student-athletes with a minimum 3.5 grade point average on a 4.0 scale.

Since 1937, the NAIA has administered athletics programs and championships in proper balance with the overall collegiate educational experience. Serving higher education in this manner is a responsibility the NAIA does not take lightly. It is a relationship built on confidence and trust – a relationship strengthened year after year.



The National Christian College Athletic Association is a miracle organization. Over the years, an idea has become a reality providing Christian student-athletes in Christian colleges and universities both an opportunity for fellowship and competition on a national level. The NCCAA game plan is to produce true winners – a game plan that will carry an individual through his or her entire life. The game plan is devised to draw out the student-athlete's greatest potential in body, mind, and spirit.

Since its first tournament in 1968, the NCCAA has grown to encompass more than 100 Christian colleges and universities nationwide, both liberal arts and Bible colleges in stature. The participating schools are dedicated not only to the best athletic competition possible, but also to exemplifying Jesus Christ in everything. The NCCAA is an organization bringing Christian colleges and universities together not just for athletic competition. More importantly, it is an organization bringing schools together which have common goals in Christian higher education.

2006 AMC FINAL STANDINGS

SOUTH DIVISION

	DIVISION			OVERALL		
	W	L	Pct	W	L	Pct
Walsh*	15	1	.938	35	3	.921
Tiffin	13	3	.813	35	10	.778
Cedarville	12	4	.750	45	10	.818
Mount Vernon Nazarene	10	6	.625	31	18	.633
Urbana	9	7	.563	29	16	.644
Malone	6	10	.375	22	20	.524
Rio Grande	4	12	.250	19	20	.487
Ohio Dominican	3	13	.188	7	24	.226
Shawnee State	0	16	.000	12	19	.387

NORTH DIVISION

	DIVISION			OVERALL		
	W	L	Pct	W	L	Pct
Roberts Wesleyan*	11	3	.786	22	14	.611
Geneva*	11	3	.786	16	20	.444
Notre Dame	10	4	.714	15	18	.455
Houghton	9	5	.643	17	13	.567
Point Park	6	8	.429	13	20	.394
Daemen	5	9	.357	14	19	.424
Ursuline	3	11	.214	4	24	.143
Carlow	1	13	.071	9	22	.290

* Division Champions

2006 AMC SOUTH DIVISION SELECTIONS

Player of the Year:

Sarah Zeltman, Cedarville

Setter of the Year:

Jillian Barry, Walsh

Libero of the Year:

Holly Morgan, Tiffin

Freshman of the Year:

Danielle Evancho, Walsh

Coach of the Year:

Krista Singleton, Walsh

AMC South Division First Team:

Sarah Zeltman, Jr, MH, Cedarville
 Jamie Herr, Sr, OH, Walsh
 Shena Beheler, Jr, MH, MVNU
 Jessica Schult, Sr, OH, Tiffin
 Julia Bradley, Sr, MH, Cedarville
 Jillian Barry, Jr, S, Walsh

AMC South Division Second Team:

Mary Brunner, Sr, MH, Urbana
 Holly Morgan, Sr, L, Tiffin
 Erica Parker, So, MB, Walsh
 Racquel O'Hara, Sr, OH, Malone
 Cara Metz, So, S, Urbana
 Ashley Yocum, Sr, MH, Malone

AMC South Division Honorable Mention: Megan Cherry (ODU), Becca Day (SSU), Elizabeth Eby (SSU), Heather Hernandez (Walsh), Catie Huggins (Malone), Anne Lohrenz (Cedarville), Amber Metzgar (Tiffin), Tiffany Milburn (MVNU), Summer Rinehart (Rio Grande), Jessica Rodgers (Rio Grande), Miranda Rodgers (Rio Grande), Kristen Schoolcraft (Malone), Lisa Schulte (Urbana), Libby Short (Cedarville), Courtney Springer (MVNU), Marissa Tackett (Urbana), Davita Tucker (ODU), Lindsay Urton (Rio Grande), Rachael Walpole (MVNU), and Beth Willenbrink (Tiffin).

2006 AMC INDIVIDUAL LEADERS

Kills Per Game:

1	Shena Beheler, MVNU	4.63
2	Sarah Zeltman, Cedarville	4.50
3	Marisa Barickman, Geneva	4.43
4	Jamie Herr, Walsh	4.33
5	Jessica Schult, Tiffin	4.24
6	Jessica Rodgers, Rio Grande	4.08
7	Megan Penman, RWC	4.00
7	Mary Brunner, Urbana	4.00
9	Erin Sneider, Point Park	3.94
10	Megan McDonald, Walsh	3.89
10	Davita Tucker, ODU	3.89
12	Julia Bradley, Cedarville	3.78
13	Megan Cherry, ODU	3.55
14	Racquel O'Hara, Malone	3.44
15	Becca Day, SSU	3.41

Assists Per Game:

1	Jillian Barry, Walsh	14.13
2	Cara Metz, Urbana	12.37
3	Rachel Thompson, Cedarville	12.04
4	Randi Rodgers, Rio Grande	11.07
5	Amber Metzgar, Tiffin	10.81
6	Brittany Kelly, Notre Dame	10.46
7	Kala Schnur, Point Park	10.39
8	Caryn Azure, Geneva	10.15
9	Casie Mruk, Malone	10.02
10	Cassie Schroeder, ODU	9.42
11	Kendra Massie, SSU	9.39
12	Rachael Walpole, MVNU	8.43
13	Ashley Dimmit, Carlow	6.72

Digs Per Game:

1	Summer Rinehart, Rio Grande	7.73
2	Allison Seldomridge, Geneva	6.09
3	Maria Wuebker, Urbana	6.03
4	Debbie Beatty, Notre Dame	5.74
5	Melanie Minotas, Notre Dame	5.68
6	Jessica Rodgers, Rio Grande	5.29
7	Heather Hernandez, Walsh	5.23
8	Tiffany Milburn, MVNU	4.98
9	Holli Reyna, Notre Dame	4.94
10	Holly Morgan, Tiffin	4.81
11	Ashley Santavy, Point Park	4.62
12	Elizabeth Mossbarger, ODU	4.52
13	Jamie Herr, Walsh	4.50

Attack Percentage (min. 2 K/G):

1	Mary Brunner, Urbana	.388
2	Julia Bradley, Cedarville	.386
3	Sarah Zeltman, Cedarville	.383
4	Danielle Evancho, Walsh	.374
5	Erica Parker, Walsh	.373
6	Ashley Yocum, Malone	.305
7	Marissa Tackett, Urbana	.302
8	Beth Willenbrink, Tiffin	.298
8	Kelly Hanlon, Tiffin	.298
10	Shena Beheler, MVNU	.295
11	Megan Summers, Geneva	.289
12	Racquel O'Hara, Malone	.283
13	Megan Penman, RWC	.276
14	Brandi Naish, RWC	.275
14	Holly Motheral, Houghton	.275

Service Aces Per Game:

1	Elizabeth Eby, SSU	0.75
2	Erin Sneider, Point Park	0.65
3	Cara Metz, Urbana	0.62
4	Elisha Whitney, Daemen	0.58
5	Spencer Bartoletti, Point Park	0.54
6	Jessi Arndt, RWC	0.53
7	Heather Pegg, Point Park	0.52
8	Brianne Bishop, Carlow	0.51
8	Jessica Schult, Tiffin	0.51
10	Ashley Santavy, Point Park	0.49
11	Racquel O'Hara, Malone	0.48
12	Kari Rodgers, Rio Grande	0.46
13	Faith Guerra, Geneva	0.46

Blocks Per Game:

1	Shena Beheler, MVNU	1.42
2	Megan Penman, RWC	1.36
3	Carly Cameron, SSU	1.32
4	Megan Summers, Geneva	1.24
5	Carly McNeil, Daemen	1.21
6	Sarah Zeltman, Cedarville	1.13
7	Brandi Naish, RWC	1.10
8	Mary Brunner, Urbana	1.08
8	Kelly Hanlon, Tiffin	1.08
10	Julia Bradley, Cedarville	1.06
10	Stephanie Zollars, MVNU	1.06
10	Ashley Yocum, Malone	1.06
13	Kristen Schoolcraft, Malone	1.05

Abbreviation Key:

MVNU = Mount Vernon Nazarene

RWC = Roberts Wesleyan

ODU = Ohio Dominican

SSU = Shawnee State

YEAR-BY-YEAR RESULTS

Year	Won	Lost	Pct.	Coach
1976	1	8	.111	Lora Donoho
1977	12	11	.521	Debbie Lore
1978	3	17	.150	Debbie Lore
1979	7	17	.291	Debbie Lore
1980	19	14	.576	Debbie Lore
1981	29	7	.805	Debbie Lore
1982	18	12	.600	Debbie Lore
1983	20	11	.645	Keith Veale
1984	16	24	.400	Paul Swanson
1985	19	14	.575	Paul Swanson
1986	15	18	.454	Paul Swanson
1987	31	7	.815	Paul Swanson
1988	30	12	.714	Paul Swanson
1989	32	13	.711	Paul Swanson
1990	26	21	.553	Paul Swanson
1991	31	15	.673	Paul Swanson
1992	29	9	.763	Paul Swanson
1993	41	8	.836	Paul Swanson
1994	42	6	.875	Paul Swanson
1995	51	10	.836	Paul Swanson
1996	36	14	.720	Paul Swanson
1997	42	12	.778	Paul Swanson
1998	54	7	.885	Paul Swanson
1999	44	5	.898	Paul Swanson
2000	38	12	.760	Paul Swanson
2001	39	8	.830	Paul Swanson
2002	36	13	.735	Paul Swanson
2003	36	10	.783	Paul Swanson
2004	34	14	.708	Paul Swanson
2005	42	12	.778	Paul Swanson
2005	31	18	.633	Paul Swanson
Totals:	904	379	.705	31 Seasons

CAREER COACHING RECORDS

Coach	Won	Lost	Pct.	Years
Lora Donoho	1	8	.111	1976
Debbie Lore	88	78	.530	1977-1982
Keith Veale	20	11	.645	1983
Paul Swanson	795	282	.738	1984-Present

MVNU'S CHAMPIONSHIP TEAMS



1994 Team – Mid-Ohio Conference Champions (42-6)



1995 Team – Mid-Ohio Conference Champions (51-10)



1998 Team – American Midwest Conference Champions (54-7)

MVNU'S CHAMPIONSHIP TEAMS



1999 Team – American Midwest Conference Champions (44-5)



2000 Team – American Midwest Conference Champions (38-12)



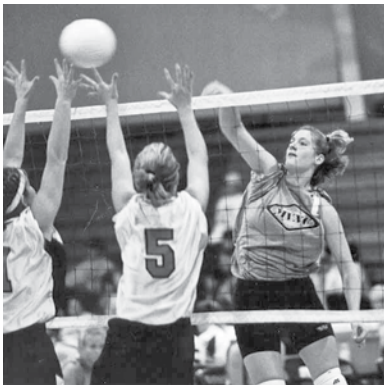
2001 Team – American Midwest Conference Champions (39-8)

MVNU INDIVIDUAL RECORDS

Most Kills – Career:	2728	Tara Seiter (1995-1998)
Most Kills – Season:	792	Shena Beheler (2006)
Most Kills – Match:	32	Amanda Triplett vs. Cedarville (2000)
Most Kills Per Game – Career:	3.83	Tara Seiter (1995-1998)
Most Kills Per Game – Season:	4.63	Shena Beheler (2006)
Most Kills Per Game – Match:	8.66	Wendy Rader vs. Ohio Northern (1994)
Best Attack Percentage – Career:	.354	Samantha Sadowski (1986-1989)
Best Attack Percentage – Season:	.381	Samantha Sadowski (1988)
Best Attack Percentage – Match:	.773	Carrie Mason vs. Ohio Wesleyan (2002)
(minimum of 20 attempts)		(22 attempts, 17 kills, 0 errors)
Most Total Blocks – Career:	1003	Tara Seiter (1995-1998)
Most Total Blocks – Season:	302	Tara Seiter (1998)
Most Total Blocks – Match:	16	Tara Seiter vs. Malone (1996)
	16	Tara Seiter vs. Huntington (1997)
Most Aces – Career:	210	Tara Seiter (1995-1998)
Most Aces – Season:	88	Deanna Stayman (2001)
Most Aces – Match:	8	Brittany Dixon vs. Houghton (2004)
	8	Amanda Stevens – twice (2004 & 2005)
Most Aces Per Game – Career:	0.51	Cherie Harsh (1985-1988)
Most Aces Per Game – Season:	0.63	Cherie Harsh (1987)
Most Aces Per Game – Match:	3.00	Jessica Adams vs. Central State (2002)
Best Serving % – Career:	98.2	Amy Shearrow (1997-2000)
Best Serving % – Season:	98.9	Amy Shearrow (1998)
Most Serve Attempts – Career:	3043	Jenny Dunster (2002-2005)
Most Serve Attempts – Season:	969	Jenny Dunster (2005)
Most Serve Attempts – Match:	40	Amy Shearrow vs. Huntington (1997)
Best Reception % – Career:	94.8	Jodi Webb (1992-1995)
Best Reception % – Season:	95.8	Amanda Stevens (2004)
Most Reception Attempts – Career:	2788	Amanda Stevens (2002-2005)
Most Reception Attempts – Season:	1439	Tiffany Milburn (2006)
Most Reception Attempts – Match:	62	Jodi Webb vs. Rio Grande (1993)
Most Assists – Career:	4286	Andrea Rudd (1998-2001)
Most Assists – Season:	2132	Allison Klusmann (2005)
Most Assists – Match:	79	Andrea Rudd vs. Cedarville (2000)
Most Digs – Career:	2519	Amanda Stevens (2002-2005)
Most Digs – Season:	851	Tiffany Milburn (2006)
Most Digs – Match:	38	Tammy Custer vs. Walsh (1996)

MVNU TEAM RECORDS

Most Kills – Season:	3019	(2005)
Most Kills – Match:	92	vs. Cedarville (2000)
Most Kills Per Game – Season:	15.48	(2005)
Best Attack Percentage – Season:	.322	(1988)
Best Attack Percentage – Match:	.627	vs. Wilmington (1995)
Most Total Blocks – Season:	554	(2002)
Most Total Blocks – Match:	31	vs. St. Francis (IL) (2002)
Most Blocks Per Game – Season:	3.13	(1985)
Most Aces – Season:	376	(2002)
Most Aces – Match:	22	vs. Central State (2002)
Most Aces Per Game – Season:	2.37	(2001)
Best Serving Percentage – Season:	96.5	(1997)
Best Reception Percentage – Season:	93.3	(1999)
Most Assists – Season:	2573	(2005)
Most Assists – Match:	83	vs. Cedarville (2000)
Most Assists Per Game – Season:	13.19	(2005)
Most Digs – Season:	3856	(1996)
Most Digs – Match:	144	vs. Cedarville (1996)
Most Digs Per Game – Season:	21.18	(1996)
Most Victories – Season:	54	(1998)
Best Winning Percentage – Season:	.898	(1999)
Most Wins to Start a Season:	33	(1998)
Most Consecutive Wins:	33	(1998)
Most Consecutive Home Wins:	70	(1991-1997)
Most Consecutive Road Wins:	24	(1998)
Most Consecutive Conference Wins:	35	(1994-1996)
Most Consecutive Non-Conference Wins:	25	(1998)
Highest NAIA National Ranking:	#20	(twice in 2000)



Tara Seiter



Andrea Rudd

MVNU SEASON LEADERS

Most Kills

1	Shena Beheler	792	(2006)
2	Tara Seiter	780	(1998)
3	Tara Seiter	760	(1997)
4	Shena Beheler	711	(2005)
5	Tara Seiter	705	(1996)
6	Amanda Stevens	636	(2005)
7	Amanda Stevens	610	(2004)
8	Amanda Triplett	586	(2000)
9	Shena Beheler	581	(2004)
10	Jenny Dunster	557	(2005)

Most Aces

1	Deanna Stayman	88	(2001)
2	Tammy Custer	87	(1997)
3	Katie Zipf	79	(2002)
4	Melissa Gregory	78	(1995)
5	Mandy Hendrickx	73	(1996)
6	Mandy Hendrickx	72	(1998)
6	Tiffany Milburn	72	(2005)
8	Amanda Stevens	71	(2004)
9	Darcee Hoberg	69	(2001)
10	Three players tied at	67	

Most Serve Reception Attempts

1	Tiffany Milburn	1439	(2006)
2	Tammy Custer	1074	(1996)
3	Jeni Vanderhoof	934	(2003)
4	Jodi Webb	898	(1995)
5	Tara Seiter	868	(1996)
6	Jeni Vanderhoof	860	(2002)
7	Shena Beheler	855	(2005)
8	Amber Rice	846	(1998)
9	Tiffany Milburn	821	(2005)
10	Amanda Stevens	815	(2002)

Most Assists

1	Allison Klusmann	2132	(2005)
2	Andrea Rudd	1970	(2000)
3	Allison Klusmann	1914	(2004)
4	Katey Percival	1887	(2002)
5	Julee Anderson	1878	(1995)

Best Serve Reception % (300 min.)

1	Amanda Stevens	95.8	(2004)
2	Rachel Widener	95.5	(1999)
3	Jodi Webb	95.4	(1994)
4	Jodi Webb	95.2	(1993)
5	Jodi Webb	95.1	(1995)

Most Total Blocks

1	Tara Seiter	302	(1998)
2	Shena Beheler	266	(2005)
3	Tara Seiter	265	(1997)
4	Jodi Webb	252	(1995)
5	Tara Seiter	244	(1996)
6	Shena Beheler	242	(2006)
7	Shena Beheler	229	(2004)
8	Jenny Dunster	228	(2004)
9	Courtney Testa	223	(1996)
10	Jandi Ferrell	209	(1987)

Most Serve Attempts

1	Jenny Dunster	969	(2005)
2	Tiffany Milburn	944	(2005)
3	Deanna Stayman	913	(2000)
4	Deanna Stayman	906	(2001)
5	Tiffany Milburn	892	(2006)
6	Katie Vipperman	887	(2006)
7	Tammy Custer	876	(1997)
8	Tara Seiter	873	(1996)
9	Amy Shearrow	812	(1998)
10	Brittany Dixon	793	(2004)

Most Digs

1	Tiffany Milburn	851	(2006)
2	Tammy Custer	823	(1996)
3	Amanda Stevens	730	(2005)
4	Amanda Stevens	717	(2004)
5	Jodi Webb	700	(1995)
6	Tara Seiter	691	(1996)
7	Darcee Hoberg	655	(2000)
8	Kellina Snyder	643	(1995)
9	Rachel Widener	638	(1996)
10	Tammy Custer	637	(1997)

Best Serving Percentage (300 min.)

1	Amy Shearrow	98.9	(1998)
2	Becky Jefferys	98.7	(1997)
3	Jodi Webb	98.6	(1992)
4	Amy Shearrow	98.4	(1999)
5	Becky Jefferys	98.4	(1999)

Best Hitting Percentage

1	Samantha Sadowski	.381	(1988)
2	Tiffany Jones	.370	(1992)
3	Jodi Webb	.369	(1994)
4	Samantha Sadowski	.366	(1989)
5	Trista McNeal	.365	(1991)

MVNU CAREER LEADERS

Most Kills

1	Tara Seiter	2728	(1995-98)
2	Shena Beheler	2084	(2004-)
3	Amanda Stevens	2004	(2002-05)
4	Amanda Triplett	1881	(1998-01)
5	Darcee Hoberg	1875	(1998-01)
6	Rachel Widener	1766	(1996-99)
7	Carrie Mason	1736	(2000-03)
8	Jenny Dunster	1475	(2002-05)
9	Trista McNeal	1384	(1990-93)
10	Tammy Custer	1381	(1994-97)

Most Aces

1	Amanda Stevens	214	(2002-05)
2	Tara Seiter	210	(1995-98)
3	Tammy Custer	190	(1994-97)
4	Darcee Hoberg	189	(1998-01)
5	Melissa Gregory	187	(1992-95)
6	Trista McNeal	182	(1990-93)
7	Mandy Hendrickx	169	(1996-98)
8	Becky Jefferys	168	(1998-01)
8	Amanda Triplett	168	(1998-01)
10	Deanna Stayman	167	(1998-01)

Most Serve Reception Attempts

1	Amanda Stevens	2788	(2002-05)
2	Tiffany Milburn	2750	(2004-)
3	Tara Seiter	2745	(1995-98)
4	Rachel Widener	2681	(1996-99)
5	Jeni Vanderhoof	2545	(2000-03)
6	Tammy Custer	2446	(1994-97)
7	Darcee Hoberg	2392	(1998-01)
8	Jodi Webb	2384	(1992-95)
9	Deanna Stayman	2062	(1998-01)
10	Tiffany Jones	2019	(1989-92)

Most Assists

1	Andrea Rudd	4286	(1998-01)
2	Katey Percival	4259	(2001-03)
3	Julee Anderson	4169	(1992-95)
4	Allison Klusmann	4046	(2004-05)
5	Becky Jefferys	3242	(1996-99)

Best Serve Reception % (1000 min.)

1	Jodi Webb	94.8	(1992-95)
2	Amanda Stevens	94.4	(2002-05)
3	Amanda Triplett	93.9	(1998-01)
4	Darcee Hoberg	93.4	(1998-01)
5	Deanna Stayman	93.1	(1998-01)

Most Total Blocks

1	Tara Seiter	1003	(1995-98)
2	Shena Beheler	737	(2004-)
3	Jenny Dunster	680	(2002-05)
4	Carrie Mason	643	(2000-03)
5	Jandi Ferrell	641	(1985-88)
6	Samantha Sadowski	628	(1986-89)
7	Scarlett Habrun	591	(1997-00)
8	Jodi Webb	552	(1992-95)
9	Courtney Testa	525	(1993-96)
10	Chelsea Knight	479	(2000-03)

Most Serve Attempts

1	Jenny Dunster	3043	(2002-05)
2	Amanda Stevens	2765	(2002-05)
3	Becky Jefferys	2680	(1996-99)
4	Deanna Stayman	2658	(1998-01)
5	Tara Seiter	2656	(1995-98)
6	Tammy Custer	2581	(1994-97)
7	Amy Shearow	2436	(1997-00)
8	Shena Beheler	2205	(2004-)
9	Darcee Hoberg	2192	(1998-01)
10	Jodi Webb	2143	(1992-95)

Most Digs

1	Amanda Stevens	2519	(2002-05)
2	Rachel Widener	2452	(1996-99)
3	Tammy Custer	2208	(1994-97)
4	Tara Seiter	2195	(1995-98)
5	Darcee Hoberg	1910	(1998-01)
6	Tiffany Milburn	1756	(2004-)
7	Jodi Webb	1645	(1992-95)
8	Jenny Dunster	1588	(2002-05)
9	Amanda Triplett	1520	(1998-01)
10	Amber Rice	1496	(1996-99)

Best Serving Percentage (1000 min.)

1	Amy Shearow	98.2	(1997-00)
2	Becky Jefferys	98.0	(1996-99)
3	Jenny Dunster	97.2	(2002-05)
4	Jodi Webb	97.0	(1992-95)
4	Deanna Stayman	97.0	(1998-01)

Best Hitting Percentage

1	Samantha Sadowski	.354	(1986-89)
2	Tara Seiter	.331	(1995-98)
3	Trista McNeal	.326	(1990-93)
4	Jandi Ferrell	.325	(1985-88)
5	Amanda Triplett	.320	(1998-01)

MVNU HONOR ROLL

MVNU's All-Time NAIA All-Americans



Jodi Webb
1995 – Hon. Mention



Tara Seiter
1997 – Hon. Mention
1998 – Second Team



Rachel Widener
1999 – Hon. Mention



Darcee Hoberg
2001 – Hon. Mention



Katey Percival
2003 – Hon. Mention



Amanda Stevens
2004 – Hon. Mention



Shena Beheler
2005 – Hon. Mention
2006 – Hon. Mention

NCCAA All-American First Team

- Jandi Ferrell (1987)
- Carla Shelly (1991)
- Tiffany Jones (1992)
- Trista McNeal (1992 and 1993)
- Wendy Rader (1993)
- Jodi Webb (1994 and 1995)
- Julee Anderson (1995)
- Tara Seiter (1996, 1997, 1998)
- Rachel Widener (1998 and 1999)
- Darcee Hoberg (2000 and 2001)
- Amanda Triplett (2001)
- Katey Percival (2003)
- Amanda Stevens (2004 and 2005)
- Jenny Dunster (2005)
- Shena Beheler (2006)*

Sports Illustrated "Faces"

- Wendy Rader (Oct. 31, 1994)
- Paul Swanson (Oct. 6, 1997)
- Tara Seiter (Nov. 2, 1998)

* denotes NCCAA National Player of the Year

MVNU HONOR ROLL

NCCAA All-American Second Team

Darcee Hoberg (1999)
Amanda Triplett (2000)
Andrea Rudd (2000)
Katey Percival (2002)
Carrie Mason (2003)
Jenny Dunster (2004)
Shena Beheler (2005)
Tiffany Milburn (2006)

NAIA All-Region First Team

Jodi Webb (1995)
Tara Seiter (1996, 1997, 1998)
Rachel Widener (1999)
Darcee Hoberg (2000, 2001)
Amanda Triplett (2000, 2001)
Katey Percival (2002, 2003)
Amanda Stevens (2004)
Shena Beheler (2005, 2006)

NAIA All-Region Second Team

Wendy Rader (1994)
Julee Anderson (1995)
Kellina Snyder (1995)
Darcee Hoberg (1999)
Andrea Rudd (2000)

NCCAA Region Player of the Year

Carla Shelly (1991)
Tiffany Jones (1992)
Trista McNeal (1993*)
Jodi Webb (1994, 1995*)
Julee Anderson (1995*)
Tara Seiter (1996, 1997, 1998)
Rachel Widener (1999)
Darcee Hoberg (2001)
Katey Percival (2003)
Amanda Stevens (2004)
Jenny Dunster (2005)
Shena Beheler (2006)

* denotes Co-Player of the Year

NCCAA Region Coach of the Year

Paul Swanson (1991, 1993-1999, and
2001-2006)

Conference Coach of the Year

Paul Swanson (1987, 1994, 1995, 1999)

Conference Player of the Year

Wendy Rader (1994)
Tara Seiter (1996, 1997, 1998)

Conference Freshman of the Year

Courtney Testa (1993)
Tara Seiter (1995)
Rachel Widener (1996)

All-Conference First Team

Jandi Ferrell (1987, 1988)
Samantha Sadowski (1988, 1989)
Tiffany Jones (1992)
Trista McNeal (1993)
Wendy Rader (1994)
Jodi Webb (1994, 1995)
Julee Anderson (1994, 1995)
Kellina Snyder (1995)
Courtney Testa (1996)
Tara Seiter (1996, 1997, 1998)
Tammy Custer (1997)
Rachel Widener (1998, 1999)
Darcee Hoberg (1999, 2000, 2001)
Andrea Rudd (2000)
Amanda Triplett (2000, 2001)
Katey Percival (2002, 2003)
Amanda Stevens (2004)
Shena Beheler (2005, 2006)

All-Conference Second Team

Cherie Harsh (1987, 1988)
Samantha Sadowski (1987)
Carla Shelly (1990, 1991)
Trista McNeal (1990, 1991, 1992)
Wendy Rader (1993)
Tara Seiter (1995)
Rachel Widener (1996, 1997)
Jessica Huffaker (1998, 1999)
Amanda Triplett (1998, 1999)
Scarlett Habrun (2000)
Carrie Mason (2002)
Amanda Stevens (2003, 2005)
Jenny Dunster (2005)

NCCAA Susan R. Hellings Award

Jodi Webb (1995)
Deanna Stayman (2001)
Jenny Dunster (2005)

MVNU HONOR ROLL

NAIA National Player of the Week

Carla Shelly (Nov. 7, 1991)
Wendy Rader (Oct. 4, 1994)
Julee Anderson (Oct. 10, 1995)
Tara Seiter (Oct. 28, 1997)
Rachel Widener (Sept. 28, 1999)
Shena Beheler (Oct. 18, 2006)

NCCAA National Tournament Team

Trista McNeal (1991, 1993)
Wendy Rader (1993, 1994)
Julee Anderson (1995)
Kellina Snyder (1995)
Tara Seiter (1996, 1997, 1998)
Tammy Custer (1997)
Rachel Widener (1998, 1999)
Amanda Triplett (2000)
Darcee Hoberg (2001)
Carrie Mason (2002)
Katey Percival (2002)
Shena Beheler (2004, 2005, 2006)
Courtney Springer (2006)

Woody Hayes National Scholar-Athlete Award Recipient

Amanda Stevens (2006)

NAIA All-America Scholar-Athletes

Sue Anderson (1982, 1983)
Julee Anderson (1994, 1995)
Jodi Webb (1994, 1995)
Courtney Testa (1995, 1996)
Mandy Hendrickx (1997, 1998)
Tara Seiter (1998)
Becky Jefferys (1999)
Deanna Stayman (2000, 2001)
Jessica Harding (2002, 2003)
Bethany Anderson (2004)
Amanda Stevens (2004, 2005)
Jenny Dunster (2004, 2005)
Katie Ickes (2005, 2006)
Jessi Weaver (2006)

CoSIDA Academic All-District IV

Julee Anderson (1994, 1995)
Jodi Webb (1995)
Jessica Harding (2002, 2003)

CoSIDA Academic All-American

Julee Anderson – Third Team (1995)



The Lady Cougars celebrate Coach Swanson becoming the NAIA's all-time wins leader (9/28/06).

MVNU ALUMS IN THE COACHING RANKS

The following is a list of former MVNU volleyball players who are currently coaching volleyball. If you know of a name that should be added to this list, please contact Dave Parsons or Coach Paul Swanson.

Name	MVNU Years	Current Coaching Job
Shannon (Duncan) Belcher	1988-1991	Highland H.S. (assistant)
Trista (McNeal) Claxon	1990-1993	Ridgewood H.S. (freshmen)
Danielle (Cleckner) Basham	1991-1994	Lexington H.S. (head)
Wendy (Rader) Owens	1992-1994	Columbia H.S. (head)
Melissa (Yoder) Gregory	1992-1995	MVNU (assistant)
Tammy (Custer) Gregory	1994-1997	Crestview H.S. (head)
Amber (Rice) Miller	1996-1999	Garaway H.S. (head)
Darcee (Hoberg) Claxon	1998-2001	South Webster H.S. (head)
Jessica (Harding) Schwartz	2000-2003	Berlin Hiland H.S. (head)
Chelsea (Knight) Diehl	2000-2003	Northridge H.S. (assistant)
Katey Percival	2001-2003	MVNU (assistant)
Katie Ickes	2003-2006	Smithville H.S. (freshmen)

LADY COUGAR TESTIMONIALS

"What an opportunity and privilege it was to play volleyball for Coach Swanson and MVNU. He truly cares about his player's education, life, and spiritual growth. Coach Swanson is a humble man of God, who has a terrific knowledge of the game. He has definitely developed a Christ-centered program with a winning tradition. Being able to play volleyball under his leadership is something I will always cherish."

Carla (Shelly) Pennington
Inducted into the Cougar Wall of Fame in 2005

"In choosing MVNU, it not only gave me the opportunity to continue my education and volleyball career, but it also allowed me to grow spiritually. Coach Swanson made the transition of leaving home easy by being a 'dad' away from home. He truly cares about the well-being and spiritual growth of his players. Attending MVNU and playing for Coach Swanson helped prepare me for life experiences."

Jodi (Webb) Hall
1995 NAIA Honorable Mention All-American
Inducted into the Cougar Wall of Fame in 2006

VOLLEYBALL FACILITIES

The MVNU women's volleyball team plays all of its home matches in the Physical Education Center on the MVNU campus. Built in 1975, the Physical Education Center is the focal point of MVNU's athletic program. The women's volleyball and men's and women's basketball teams practice and play on the hardwood floor that was installed in 1991 in place of the original tartan surface. Two regulation volleyball courts can be set up at the same time or one main court can be used for the typical dual match.

The facility seats 2,000 spectators for athletic events, and the MVNU student body is recognized for the spirited support they exhibit in favor of the Cougars. Throughout the decade of the 1990s, MVNU consistently ranked in the top ten in the NAIA in average and total attendance. It was no coincidence that the team posted an incredible 122-9 home record during the same time span. The team also put together an amazing 70-match home winning streak from 1991-1997.

In addition to the Physical Education Center, the team also practices in the Donoho Recreation Center, which is adjacent to the Physical Education Center.

MEDIA INFORMATION

Visiting media members are encouraged to attend any and all MVNU home matches. Statistics and match notes are available prior to any match upon request. Phone lines are available on a first-come first-served basis, and post-match faxing can also be done on request. In addition, all Lady Cougar volleyball information can be accessed by visiting the team's website (www.mvnu.edu/sports/nazvb/). Match recaps are also available by calling the Cougar Hotline at (740) 392-6868 extension 1601.

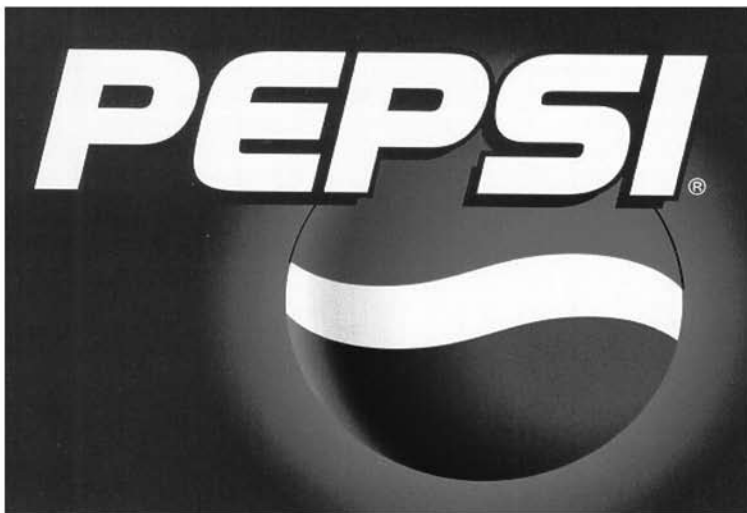
MVNU players and coaches are available for personal or telephone interviews by contacting Dave Parsons, MVNU's Sports Information Director, at (740) 392-6868 extension 3112 during office hours or at (740) 392-6050 in the evening or on weekends. Players will generally be available for a brief period on the day of the match prior to warm-ups and then after the match. Practices are open to the media, and players can be made available before and after practice.

Requests for photographs, radio broadcasts, or any additional information pertaining to Lady Cougar volleyball should be directed to Dave Parsons in the Sports Information office.

ATHLETIC DEPARTMENT DIRECTORY

Main Campus Phone: (740) 392-6868

Director of Athletics:	Mr. Scott Flemming, ext. 3101
Department Secretary:	Mrs. Julie Burke, ext. 3100 jburke1@mvnu.edu
Sports Information Director:	Mr. Dave Parsons, ext. 3112 dparsons@mvnu.edu
Athletic Trainer:	Mr. Brian Humphrey, ext. 3107
Women's Soccer Coach:	Mr. Jonathan Meade, ext. 3109 jmeade@mvnu.edu
Men's Soccer Coach:	Mr. Paul Furey, ext. 3104 pfurey@mvnu.edu
M & W Cross Country Coach:	Mr. Chip Wilson, ext. 3111 dwilson3@mvnu.edu
Women's Volleyball Coach:	Mr. Paul Swanson, ext. 3106 pswanson@mvnu.edu
Men's Basketball Coach:	Mr. Scott Flemming, ext. 3101 sflemming@mvnu.edu
Women's Basketball Coach:	Mr. Steve Gregory, ext. 3105 sgregory@mvnu.edu
Baseball Coach:	Mr. Keith Veale, ext. 3102 kveale@mvnu.edu
Fastpitch Softball Coach:	Ms. Jeana Howald, ext. 3103 jhowald@mvnu.edu
Golf Coach:	Mr. Mark Stiverson, ext. 3117 mstiver2@mvnu.edu
Cougar Hotline:	ext. 1601
Athletic Department Fax:	(740) 392-5079
MVNU Sports Website:	cougars.mvnu.edu



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