

# Player Profile



## ADAM ROWE # 7

6-foot-2 190 pounds  
senior left-handed pitcher  
from Wooster, Ohio



### Mt. Vernon Nazarene University

### Adam Rowe's Career Highlights (2001-2004)



- ◆ Posted an 8-4 record with a team-best 3.51 ERA as a freshman in 2001. Was named to the American Midwest Conference Second Team, the NCCAA East Region Team, the NCCAA All-National Tournament Team, and the NCCAA Honorable Mention All-American Team. Traveled with the NAIA All-Star Team to Prague during the summer of 2001.
- ◆ Posted a 10-0 record with a 3.00 ERA and a team-high 78 strikeouts as a sophomore in 2002. Was named to the AMC First Team, the NCCAA East Region Team, the NCCAA All-American First Team, and the NAIA All-American Second Team. Played in the Northwoods League during the summer of 2002 and was named to the All-Star Team with a league-high eight victories.
- ◆ Posted a 5-4 record with a 4.35 ERA and a team-high 80 strikeouts and two shutouts as a junior in 2003. Was named to the AMC North Division Team and the NCCAA East Region Team. Played in the Northwoods League during the summer of 2003 and posted a league-best 9-1 record with a 1.98 ERA and 92 strikeouts in being named to the All-Star Team for the second straight year. Was named the #5 pro prospect from the league by *Baseball America*.
- ◆ Posted a 10-3 record with a 3.39 ERA to go with 107 strikeouts and one shutout as a senior in 2004. Ranks first in school history in career innings pitched (328 2/3), second in career strikeouts (321), and third in career wins (33). Has been named the AMC South Division and the NAIA Region IX Pitcher of the Year and was also an NAIA and NCCAA Honorable Mention All-American.

YEAR	GP-GS	ERA	W-L	S	CG	IP	H	R	ER	BB	K	B/Avg
2001	15-11	3.51	8-4	1	8	74.1	69	38	29	36	56	.243
2002	13-12	3.00	10-0	0	5	81.0	76	41	27	31	78	.247
2003	13-12	4.35	5-4	1	6	72.1	71	42	35	34	80	.257
2004	15-15	3.39	10-3	0	10	101.0	90	44	38	35	107	.236
Totals:	56-50	3.53	33-11	2	29	328.2	306	165	129	136	321	.246

# Adam Rowe's Career Honors at MVNU

**2001 Season:** American Midwest Conference Pitcher of the Week (March 12-18)  
 NAIA Region IX Pitcher of the Week (March 12-18)  
 NCCAA National Pitcher of the Week (March 12-18)  
 NCCAA National Pitcher of the Week (April 23-29)  
 NCCAA All-National Tournament Team  
 American Midwest Conference Second Team  
 NCCAA East Region Team  
 NCCAA Honorable Mention All-American

**2002 Season:** American Midwest Conference Pitcher of the Week (March 18-24)  
 American Midwest Conference Pitcher of the Week (April 22-28)  
 NAIA Region IX Pitcher of the Week (March 18-24)  
 NAIA Region IX Pitcher of the Week (April 22-28)  
 NCCAA National Player of the Week (April 22-28)  
 American Midwest Conference First Team  
 NCCAA East Region Team  
 NCCAA All-American First Team  
 NAIA All-American Second Team

**2003 Season:** American Midwest Conference Pitcher of the Week (May 5-11)  
 American Midwest Conference North Division Team  
 NCCAA East Region Team

**2004 Season:** American Midwest Conference South Division First Team  
 American Midwest Conference South Division Pitcher of the Year  
 NCCAA East Region Team  
 NCCAA East Region Pitcher of the Year  
 NAIA Region IX Team  
 NAIA Region IX Pitcher of the Year  
 NCCAA Honorable Mention All-American  
 NAIA Honorable Mention All-American

## Adam Rowe's Northwoods League Statistics

YEAR	GP-GS	ERA	W-L	S	CG	IP	H	R	ER	BB	K	B/Avg
2002	12-12	2.10	8-3	0	0	73.0	61	27	17	27	53	.224
2003	12-12	1.98	9-1	0	1	91.0	59	24	20	30	92	.188
Totals:	24-24	2.03	17-4	0	1	164.0	120	51	37	57	145	.202

**2002 Season:** Was named to the mid-season and postseason Northwoods League All-Star Teams. Tied for the league lead with eight wins and was fourth in the league with a 2.10 ERA.

**2003 Season:** Was named to the mid-season and postseason Northwoods League All-Star Teams for the second straight year. Tied for the league lead with nine wins and was fourth in the league with 92 strikeouts. Set franchise records for strikeouts in a season (92), wins in a career (17), and innings pitched in a career (164). Also, set the Northwoods League mark for lowest career ERA (2.03).