

# 2011 LADY COUGAR BASKETBALL CAMP

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Emergency Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Shirt Size: (youth)  S  M  L (adult)  S  M  L  XL

Please check desired session:

Ages 5-7:  5:30-6:30 p.m. (Cost: \$30)

Ages 8-12:  8:30 a.m.-noon

Ages 12-18:  1:30-5:30 p.m.

## Liability Release Form

I, the undersigned, hereby release Mount Vernon Nazarene University from all liability of injury arising from participation of or incident to the above-named child at the Lady Cougar Basketball Camp. I also authorize Mount Vernon Nazarene University personnel to seek and obtain medical aid for said youth if in their judgement such action is warranted, should the child sustain an injury while participating in a team-sponsored basketball activity. I further agree to subrogate them in any loss sustained by them personally out of my child's participation.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

## Please register one person per form.

For more forms, copy this form, call (740) 397-9000, ext. 3105, or go online to [cougars.mvnu.edu](http://cougars.mvnu.edu).

**Cost: \$85 if registered before May 31, 2011;  
\$95 after May 31, 2011**

Please enclose a check payable to Lady Cougar Basketball Camp.

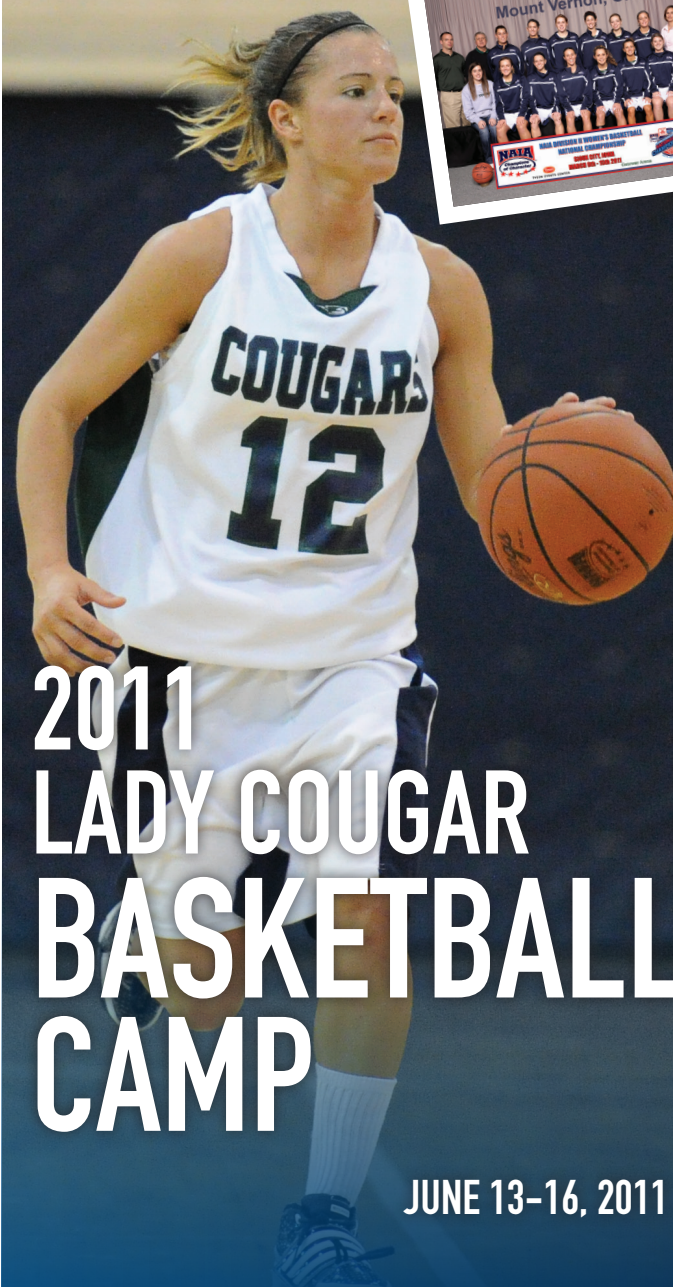
## Mail registration and check to:

Lady Cougar Basketball Camp  
Mount Vernon Nazarene University  
800 Martinsburg Road  
Mount Vernon, Ohio 43050



800 Martinsburg Road  
Mount Vernon, Ohio 43050

ADDRESS SERVICE REQUESTED



# 2011 LADY COUGAR BASKETBALL CAMP

JUNE 13-16, 2011

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[cougars.mvnu.edu](http://cougars.mvnu.edu)

## MISSION

To become a great basketball player, each athlete must learn the fundamentals of the game. Our basketball camp is designed to teach campers the offensive and defensive skills necessary to reach their fullest potential. We will develop the abilities of the more experienced players, as well as introduce the basic techniques to beginners. It is also the desire of the coaching staff to incorporate the Christian lifestyle into their coaching and in relationships with the campers. All of this will be done in an atmosphere of fun and excitement.

## PROGRAM

Our camp is tailored to help each camper at her individual skill level. After evaluation, we divide participants by age and skill into groups appropriate for them. Through personal interaction, team drills, films, and competitive games, we aim to improve the skills of each young athlete and give her a greater appreciation for basketball.

Ages 5-7: 5:30-6:30 p.m.  
Ages 8-12: 8:30 a.m.-noon  
Ages 12-18: 1:30-5:30 p.m.

## REGISTRATION

Fill out the application form on the back of this brochure and return it with a check payable to: Lady Cougar Basketball Camp. Cost is \$85 prior to May 31, and \$95 after that date. Final registration will be on Monday, June 13, at 8 a.m. for the morning session, 1 p.m. for the afternoon session, and 5 p.m. for the 5-7 age group. (Cost for the 5-7 group is \$30). Registration forms are available online at [cougars.mvnu.edu](http://cougars.mvnu.edu) or by calling (740) 397-9000, ext. 3105.

## FACILITIES

All sessions will take place in the Physical Education Center on the MVNU campus. The PEC houses two adjacent gyms for plenty of court space. Portable baskets will be available for the 5-7 group.

## CAMP DIRECTOR

MVNU Head Basketball Coach Steve Gregory recently completed his 13th year at the helm of the Lady Cougar Basketball program.



During Gregory's tenure, MVNU has posted five 20-win seasons, three NCCAA East Region titles and two NCCAA National Championships (2001 and 2009).

In 2010-11, Gregory led the Lady Cougars to a final record of 21-9, which included their first-ever bid to the NAIA Division II National Tournament, third straight appearance in the conference post-season tournament and a final season ranking of #24 in the NAIA Division II top 25 poll. For his efforts, Gregory was selected as the NCCAA East Region Coach of the Year for the third straight year.

In 2009-10, Gregory led the Cougars to a 21-10 overall record, their second consecutive berth in the AMC tournament, and third place finish in the 2010 NCCAA National Tournament.

In 2008-09, MVNU finished with the most wins in school history (27) and compiled a 27-9 overall mark as Gregory was named the NCCAA East Region and National Coach of the Year. Gregory guided his team to their second NCCAA National Championship and to the program's third overall in its 33-year history.

Gregory has served as a basketball camp counselor for nearly 20 years at various in- and out-of-state camps. He has also served as the director of the Shepherd Church of the Nazarene Basketball Camp for more than ten years and the Lady Cougar Basketball Camp for the past 12 years.

Gregory is a former Mount Vernon High School and MVNU standout and is third on MVNU's career scoring list with 2,242 points.

## CAMP STAFF

- Sierra Fletcher - Former Utica H.S. standout and current MVNU guard.
- Whitney Levering - Former Fredericktown H.S. standout and current MVNU forward.
- Amy Daniels - Former Marion Pleasant H.S. standout and West Virginia Wesleyan player.
- Sarah Shirey - Former Plymouth H.S. star and incoming freshman.
- Additional high school coaches and college players.

## ABOUT THE CAMP

### DAILY ACTIVITIES

- Daily warm-ups
- Fundamental station drills
- Coach's clinic
- League games
- Individual contests for prizes

### FEATURES

- Camp t-shirt
- Certificate of achievement
- Contest prizes
- Special guest speakers

### DISCOUNTS

Family Discount (Two or more siblings from the same family):  
\$20 discount for second child

MVNU Faculty/Staff Discount: \$30 discount per student

Team Discount (Five or more players from the same team):  
\$20 discount for each player

