



BE A COUGAR, BE A CHAMPION.



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# A WINNING TRADITION

Mount Vernon Nazarene University is proud of the winning tradition that has been established by our athletic programs. Cougar sports teams have grown into some of the most competitive programs in the country. With 8 varsity sports, MVNU is a great place for student-athletes to develop character, scholarship, and leadership through successful athletic competition

Our coaches, each with many years of service to MVNU, focus on the development of the entire student—academically, athletically, and spiritually. As an MVNU student-athlete, you can excel in the classroom, on the playing fields, and around the world. In the classroom, you can acquire the knowledge, hands-on skills, and experiences that employers and graduate schools require. On the playing field, you can be vital part of something special, the winning tradition. Around the world, our team missions trips provide opportunities to travel, learn, and impact others in new and meaningful ways.

Each year, MVNU proudly recognizes many NAIA Academic All-Americans, as well as American Mideast Conference All-Academic members. By providing excellence in academics, opportunities for service, and a nurturing spiritual and social environment, the MVNU EXPERIENCE shapes the leaders of tomorrow. At MVNU, you will be inspired to achieve your highest potential as a student-athlete.

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## MVNU SPORTS PROGRAMS

MVNU's intercollegiate athletic teams represent the University in volleyball, soccer, basketball, and softball for women and soccer, basketball, baseball, and golf for men. These intercollegiate teams are affiliated with and compete with teams at the national level. Thanks to the support of the Cougar Sports Associates, MVNU's athletic program has continued to grow and succeed.

MVNU competes in National Association of Intercollegiate Athletics (NAIA) as a member of the American Mideast Conference, the largest conference in the NAIA, and the National Christian College Athletic Association (NCCAA). Each year, Cougar sports teams focus on excellence, and our accomplishments speak for themselves. Conference titles, trips to the NCCAA and NAIA National Tournaments and NCCAA National Championships are just a few of the accomplishments reached by our athletic programs in the past few years.

# WOMEN'S VOLLEYBALL

The MVNU women's volleyball team has compiled an impressive winning tradition over the years. In the last decade alone, the Lady Cougars have posted a 423-95 overall record (.817 winning percentage) that includes an incredible 136-12 mark at home. MVNU has also won six conference titles in the past nine years.

## COACH

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**PAUL SWANSON**  
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Paul Swanson is entering his twentieth season as the head coach of the MVNU women's volleyball program. Over the past nineteen seasons, Swanson has led the Lady Cougars to a 652-228 overall record (.741), six conference titles, eleven National Christian College Athletic Association district or region championships, and twelve straight trips to the NCCAA National Tournament. MVNU has also won 30 or more matches in each of the past ten seasons, topped the 40-win mark during six of those years, and recorded 50-plus wins twice.

In 2002, Swanson guided the Lady Cougars to a 36-13 overall record and a 12-4 American Mideast Conference South Division mark. The team also advanced to the championship match of the NCCAA National Tournament for the first time in the program's history and finished as the national runner-up.

Swanson has also seen his teams advance to the NAIA Regional Tournament for nine straight seasons with the Lady Cougars advancing to the championship match in 1999, 2000, and 2001.

During the decade of the 1990s, Swanson led MVNU to an incredible 122-9 home record that included a then-NAIA record 70-match winning streak.

# WOMEN'S VOLLEYBALL

Swanson has been selected as the conference Coach of the Year four times and named the NCCAA district or region Coach of the Year ten times. In addition, he was featured in Sports Illustrated in the "Faces in the Crowd" section of the October 6, 1997 issue.

Swanson has developed four NAIA All-Americans, thirteen NCCAA All-Americans, and two conference Players of the Year during his tenure at MVNU. He has also had nine NAIA All-America Scholar-Athletes and one Verizon Academic All-American.

Swanson, who graduated from North Park (IL) College in 1975 and served as an assistant coach at West Virginia University while working on his master's degree, traveled to Japan and South America as a coach with Athletes in Action during the summers of 1982 and 1983 respectively before taking a head coaching position at Waynesburg (PA) College in 1983. After a 15-15 campaign at Waynesburg, Swanson came to MVNU where he has now had 16 straight winning seasons.

Swanson, who also teaches in the Physical Education Department at MVNU, resides in Mount Vernon with his wife, Susie, and their three sons, Casey, Brady, and Riley. In 2002, he was honored as the recipient of MVNU's President's Award for Excellence in Teaching.

## FACILITIES

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The MVNU women's volleyball team plays all of its home matches in the Physical Education Center on the MVNU campus. Built in 1975, the Physical Education Center is the focal point of MVNU's athletic program. Two regulation volleyball courts can be set up at the same time or one main court can be used for the typical dual match.

The facility seats 2,000 spectators for athletic events, and the MVNU student body is recognized for the spirited support they exhibit in favor of the Cougars. Throughout the decade of the 1990s, MVNU consistently ranked in the top ten in the NAIA in average and total attendance, so it was no coincidence that the team posted an incredible home record during the same time span.

In addition to the Physical Education Center, the team also practices in the Donoho Recreation Center, which is adjacent to the Physical Education Center.

# MEN'S SOCCER

The Cougar soccer program has posted a 81-34-5 overall record (.696 winning percentage) during the past five years. The team has also earned four trips to the National Christian College Athletic Association National Tournament with one runner-up finish and three third-place finishes.

## COACH

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**PAUL FUREY**  
**(740) 392-6868, EXT. 3104**  
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Paul Furey is entering his fourteenth season as the head coach of the MVNU men's soccer program. Over the past thirteen seasons, Furey has led the Cougars to a 151-114-15 overall record (.566) - the most wins and the best winning percentage of any coach in the program's 24-year history. The past five seasons have been the most productive in MVNU history as the Cougars notched 81 victories.

In 2002, Furey guided MVNU to a 15-8-0 overall record and a fifth-place finish in the highly competitive American Mideast Conference with a 2-4-0 conference mark. The team advanced to the semifinals of the NCCAA National Tournament before falling 1-0 to the eventual national champion, Judson (Ill.) College. The Cougars then won the third-place match 4-1 over Piedmont (Ga.) College.

During Furey's tenure at MVNU, he has received several honors. In 1997, he was selected as the Mid-Ohio Conference and NCCAA East Region Coach of the Year. He was also named the NCCAA East Region Coach of the Year in 1999 and 2000 as well as the Ohio Collegiate Soccer Association NAIA Coach of the Year in 2000. In addition, he was selected to coach the OCSA All-Star Team following the 2000 season.

## MEN'S SOCCER

MVNU has set or tied 25 team or individual records under Furey's leadership, including the most victories in a season with 19 in 1998. The Cougars have also had two players (Josh Robson in 1999 and 2000 and Matt Salisbury in 1999) earn NAIA Honorable Mention All-American status. In addition, the team earned the AMC South Division Fair Play Award in 2002.

A native of Long Island, New York, Furey lived in south Florida for twelve years where he coached five seasons at his alma mater, Miami Christian College. Furey was a three-sport standout as a student at Miami Christian in soccer, basketball, and baseball, and he left as the school's all-time leading scorer in basketball when he graduated in 1983.

Furey, who also teaches in the Physical Education Department at MVNU, resides in Mount Vernon with his wife, Debra, and their children, Chelsea and Justin. He received his advanced national coaching diploma from the National Soccer Coaches Association of America and is licensed by the United States Soccer Federation. He also served as the head coach of an Athletes in Action women's soccer team that traveled to Costa Rica in the summer of 2001.

## FACILITIES

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The MVNU men's soccer team plays all of its home matches on Cougar Field, a 120 x 75 yard natural grass field, complete with an underground sprinkler system that has helped to make the field one of the nicest playing surfaces in the state. There is also a press box and an electronic scoreboard at the field.

The bleachers seat approximately 150 spectators with plenty of additional area to bring lawn chairs and blankets. The MVNU student body is recognized for the spirited support they exhibit in favor of the Cougars. This has resulted in numerous matches with standing room only space left on the sidelines.

In addition to Cougar Field, the team also practices on an adjacent practice field that is shared with the women's soccer team. The team also uses the Physical Education Center for indoor soccer practices during the winter months.

# WOMEN'S SOCCER

The MVNU women's soccer team has posted a 39-25-1 overall record in the program's first three years as a varsity team. The Lady Cougars won a school-record 14 matches during both the 2001 and 2002 seasons and advanced to the National Christian College Athletic Association National Tournament both times.

## COACH

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**JONATHAN MEADE**  
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Jonathan Meade will be entering his fifth season as the first-ever head coach of the Mount Vernon Nazarene University women's soccer team. After guiding the team to a 4-7-1 mark as a club team in the fall of 1999 against mainly varsity competition, Meade has led the Lady Cougars to a respectable 39-25-1 record in the program's first three varsity seasons (2000-2002).

After opening the inaugural 2000 season with a loss, the team won a school-record 11 consecutive matches before suffering another defeat as the team went 11-8-0. The Lady Cougars also finished fifth in the highly-competitive American Mideast Conference with a 7-4-0 conference mark in their first season. They also qualified for the National Christian College Athletic Association East Region playoffs where they fell in overtime in the semifinals.

Then, in 2001, the Lady Cougars posted a 14-9-0 overall record and finished sixth in the AMC with a 10-6-0 conference mark. MVNU also won the NCCAA East Region title and advanced to the NCCAA National Tournament for the first time.

In 2002, Meade led the Lady Cougars to a 14-8-1 overall record and a 5-1-1 AMC South Division mark as he was named the AMC South Division Coach of the Year. MVNU advanced to the semifinals of the NAIA Region IX Tournament for the first time, while also repeating as the NCCAA East Region champion and finishing fourth at the NCCAA National Tournament.

# WOMEN'S SOCCER

Meade, a former four-year standout on the Cougar men's soccer team from 1990-1993, served as an assistant coach with the MVNU men's team for one year following the conclusion of his playing career. He also served as the varsity assistant coach for the girls' team at Naples Central School in New York during the 1995-1996 school year. In addition, he has been the assistant director for the MVNU summer soccer camp for five years. He also traveled with an Athletes in Action women's soccer team to Costa Rica in the summer of 2001 as an assistant coach.

During his playing career, Meade played in 81 matches which was a school record at that time. He was named to the Mid-Ohio Conference Second Team in 1990, and was an MOC Honorable Mention selection in 1993 when he served as team captain.

A native of Naples, New York, Meade is a 1995 graduate of MVNU. He earned his national diploma from the National Soccer Coaches Association in the summer of 2000. He is single and currently resides in Mount Vernon, Ohio. In addition to his coaching duties, he also serves as a resident director in Cypress Apartments.

## FACILITIES

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The MVNU women's soccer team plays all of its home matches on Cougar Field, a 120 x 75 yard natural grass field, complete with an underground sprinkler system that has helped to make the field one of the nicest playing surfaces in the state. There is also a press box and an electronic scoreboard at the field.

The bleachers seat approximately 150 spectators with plenty of additional area to bring lawn chairs and blankets. The MVNU student body is recognized for the spirited support they exhibit in favor of the Lady Cougars. This has resulted in numerous matches with standing room only space left on the sidelines.

In addition to Cougar Field, the team also practices on an adjacent practice field that is shared with the men's soccer team. The team also uses the Physical Education Center for indoor soccer practices during the winter months.

# MEN'S BASKETBALL

The Cougars have posted six 20-win seasons in the past seven years while compiling a 166-68 mark (.709 winning percentage) during that span and qualifying for three consecutive NAIA Division II national tournaments. The team also won the 2002 National Christian College Athletic Association national title.

## COACH

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**SCOTT FLEMMING**  
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Scott Flemming is entering his fourteenth season at the helm of the Cougar basketball program. During his thirteen seasons at MVNU, Flemming has compiled an overall record of 255-169 (.601 winning percentage), the most wins of any coach in the program's history.

Over the past seven seasons, MVNU has compiled one of the best records in the NAIA with a 166-68 mark (.709). The Cougars have won one National Christian College Athletic Association national title (2001-2002) and finished third at another NCCAA National Tournament and made three appearances in the NAIA Division II National Tournament during that span. MVNU has also won two American Midwest Conference Tournament titles and earned the program's first regular-season conference title. The team has also consistently been ranked in the NAIA Division II Top 25 poll.

For his efforts in guiding the Cougars, Flemming has earned two National Coach of the Year awards (NAIA Division II in 1998 and NCCAA in 2000). He was also the Mid-Ohio Conference Coach of the Year in 1998. In the past nine years alone, he has helped to produce nine different NAIA Division II All-Americans.

# MEN'S BASKETBALL

After serving as an assistant coach at both Wheaton (Ill.) College and the University of South Alabama, an NCAA Division I school, and then as the head coach at Nyack (N.Y.) College where he posted a 43-47 mark in three years, Flemming returned to MVNU in 1990. In addition to coaching, he is also the school's athletic director.

Flemming, who is a native of Akron and a 1980 graduate of MVNU, resides in Mount Vernon with his wife, Chawn, and their three children, Preston, Bryn, and Victoria.

## FACILITIES

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The MVNU men's basketball team plays all of its home games in the Physical Education Center on the MVNU campus. Built in 1975, the Physical Education Center is the focal point of MVNU's athletic program. The women's volleyball and men's and women's basketball teams practice and play on the hardwood floor that was installed in 1991 in place of the original tartan surface.

The facility seats 2,000 spectators for athletic events, and the MVNU student body is recognized for the spirited support they exhibit in favor of the Cougars.

In addition to the Physical Education Center, the team also practices in the Donoho Recreation Center, which is adjacent to the Physical Education Center.



# WOMEN'S BASKETBALL

The MVNU women's basketball team has recorded two 20-win seasons in the past four years. The Lady Cougars have also won the NCCAA East Region title in three of the past six years and advanced to the NCCAA National Tournament four times including winning the 2001 NCCAA National Championship.

## COACH

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**STEVE GREGORY**  
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Steve Gregory is entering his sixth season as the head coach of the MVNU Lady Cougars. Gregory guided the team to a 20-12 overall record and the program's second National Christian College Athletic Association national title in 2000-2001. For his efforts, Gregory was named the NCCAA National Coach of the Year. He has posted a 74-79 record in his five years as the Lady Cougars' head coach.

Gregory spent seven seasons as an assistant coach at MVNU - three years with the Lady Cougars and four years as the top assistant with the men's team. During that time, Gregory played a significant role in the success of both teams. In his final year with the women's team during the 1993-94 season, the Lady Cougars posted a school-best 23-10 mark and won the NCCAA national title.

During his four seasons with the men's program, the Cougars compiled an 82-46 overall record (.641 winning percentage) for the best four-year mark in school history. In the 1997-98 season, the team posted a school-best 27-7 record, won its first-ever conference title, and advanced to the quarterfinals of the NAIA Division II national tournament.

# WOMEN'S BASKETBALL

As a player, Gregory was a four-year standout on the court for the Cougars from 1987-1991. He still holds several school records and ranks second in school history with 2,242 career points. He helped his team to the first two 20-win seasons in school history.

Besides his coaching duties, Gregory serves as the Assistant to the Athletic Director and the Assistant Sports Information Director. He resides in Mount Vernon with his wife, Melissa, and their children, Taylor and Tyler.

## FACILITIES

The MVNU women's basketball team plays all of its home games in the Physical Education Center on the MVNU campus. Built in 1975, the Physical Education Center is the focal point of MVNU's athletic program. The women's volleyball and men's and women's basketball teams practice and play on the hardwood floor that was installed in 1991 in place of the original tartan surface.

The facility seats 2,000 spectators for athletic events, and the MVNU student body is recognized for the spirited support they exhibit in favor of the Cougars.

In addition to the Physical Education Center, the team also practices in the Donoho Recreation Center, which is adjacent to the Physical Education Center.



# MEN'S BASEBALL

The Cougar baseball program has earned the reputation as one of the finest small university programs in the Midwest. MVNU has had 15 players signed by major league teams, while also winning ten conference titles and an unprecedented five National Christian College Athletic Association national titles, including three straight (1995-1997). Over the past ten years, the Cougars have compiled a 373-131 mark (.740 winning percentage) while making the school's first trip to the NAIA World Series in 1997.

## COACH

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**KEITH VEALE**  
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Keith Veale is entering his fifteenth season as the head coach of the MVNU baseball program. Over the past fourteen seasons, Veale has led the Cougars to a 465-215 overall record (.684), five conference titles, four National Christian College Athletic Association national championships, and the school's first-ever berth in the NAIA World Series in 1997. MVNU has also won 30 or more games nine times under Veale, and topped the 40-win mark during four of those years.

Veale has been selected as the NCCAA National Coach of the Year five times at MVNU. He has also been named the conference Coach of the Year five times in his career, and he has twice been tabbed as the NAIA Region Coach of the Year (1996 and 1997). He has seen his teams qualify for postseason play in the NAIA in thirteen of his fourteen seasons at the helm, and he has also had nine players sign professional baseball contracts during his tenure at MVNU.

In 1996, Veale led the Cougars to a 43-3 overall record, setting not only the NAIA national record but the all-divisions collegiate record for best winning percentage in a season (.935). The team also put together a school-record 24-game winning streak during the season.

# MEN'S BASEBALL

To show that 1996 was not a fluke, Veale and the Cougars posted a program-best 47-8 overall record in 1997. The team also went 17-1 in the conference and advanced to the NAIA World Series in Sioux City, Iowa, for the first time in school history.

A native of Michigan, Veale graduated from John Wesley (MI) College in 1979 after playing baseball for four years, tennis for two years, and soccer for a year. He came to MVNU after graduation, and in addition to coaching baseball, he has served as the women's volleyball head coach (1983), the men's soccer head coach (1988), the women's softball head coach (1987-1989), and the intramural director (1979-1988).

Veale, who also teaches in the Physical Education Department at MVNU, resides in Mount Vernon with his wife, Toni, and their two children, Elyia and Kodi.

## FACILITIES

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The MVNU baseball team plays all of its home games at Cougar Field, which is located adjacent to the Physical Education Center on campus. The natural grass field has developed into one of the best small college fields in the state of Ohio. It is equipped with an irrigation system that was installed in 1997, a press box that will accommodate up to two radio stations, and an electronic scoreboard that features inning-by-inning scoring. The dimensions of Cougar Field are 327 down the leftfield line, 390 to straight away centerfield, and 350 down the rightfield line. There are in-ground dugouts on both sides and bullpen areas down both foul lines. The field is known for its exceptional natural drainage that makes it playable in almost all conditions.



In addition to Cougar Field, the team practices during the off-season in the Physical Education Center and the hitting facility that is beyond the rightfield fence. This facility, which was built in 1998, is a 100-by-50-foot fully turfed building that is capable of providing three batting cages as well as infield versatility.

# WOMEN'S SOFTBALL

The MVNU softball program has consistently been one of the school's winningest programs year in and year out as the Lady Cougars' 447-278-2 record (.616 winning percentage) over 19 seasons indicates. MVNU has been to the National Christian College Athletic Association National Tournament eight times including a fifth-place finish in 2002.

## COACH

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**JEANA HOWALD**  
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Jeana Howald is entering her fifteenth season as the head coach of the Mount Vernon Nazarene University fastpitch softball team. Over the past fourteen years, Howald has compiled a 322-234 overall record for a .579 winning percentage. She is the all-time winningest coach in the Lady Cougars' 19-year history.

Howald has guided MVNU to the National Christian College Athletic Association National Tournament seven times during her tenure with the program. After finishing as the national runner-up in 1992, the Lady Cougars returned in 1993 to claim their first national title. In the team's most recent appearance, MVNU finished fifth at the NCCAA National Tournament in 2002 despite entering the 10-team event as the ninth seed.

Howald has earned several Coach of the Year honors throughout her career. She was the Mid-Ohio Conference Coach of the Year in 1992 and the NCCAA East Region Coach of the Year in 1995, 1997, 1998, and 2001. She registered her 300th career victory during the Lady Cougars' annual spring trip to Florida on March 26, 2003, against the University of Chicago (Ill.).

Howald is also in her eighth year of serving as one of the co-chairs of the conference softball coaches association. She has served as the NCCAA East Region chair since 1994 as well.

# WOMEN'S SOFTBALL

Howald, who graduated from MVNU in 1982, was a three-sport stand-out in basketball, volleyball, and tennis for the Lady Cougars. She helped the volleyball team to its only NAIA District 22 title in 1980, and she competed at the NAIA National Tournament in tennis in both singles and doubles in 1981. She was inducted into the Cougar Wall of Fame in 1998.

Besides coaching softball, Howald served as the MVNU women's basketball head coach for seven years from 1989-1996. She led the Lady Cougars to their first NCCAA National Tournament appearance in 1994 and was named the NCCAA National Coach of the Year as the team won the national title and finished with a school-best 23-10 overall record.

In addition to her coaching duties, Howald is the head of the Physical Education Department and teaches several classes. She is single and resides in Mount Vernon.

## FACILITIES

The MVNU softball team plays all of its home games at McCougar Field, which is located on the northeast side of campus. The field has a press box that will accommodate one radio station and an electronic scoreboard that features inning-by-inning scoring. The dimensions of McCougar Field are 215 all the way around the outfield. There are covered dugouts on both sides and bullpen areas down both foul lines. The field is known for its exceptional natural drainage that makes it playable in almost all conditions.



In addition to McCougar Field, the team practices during the off-season in the Physical Education Center and the adjacent hitting facility. This facility is a 100-by-50-foot fully turfed building that is capable of providing three batting cages.

# MEN'S GOLF

The MVNU golf team has had tremendous success in recent years. The Cougars made their third trip to the NAIA National Tournament in 2003 and won the American Mideast Conference/NAIA Region IX Tournament. MVNU also won the National Christian College Athletic Association Invitational Tournament in 1994.

## COACH

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**MIKE MEEKS**  
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Mike Meeks is entering his second season as the head men's golf coach at Mount Vernon Nazarene University.

In Meeks' inaugural season as head coach, he guided the Cougars to one of their best seasons ever as the squad posted a 109-39 overall record. MVNU won the American Mideast Conference/NAIA Region IX Tournament and advanced to the NAIA National Tournament for only the third time in school history. For his efforts, Meeks was named AMC Coach of the Year.

A former golf teaching professional for 19 years, Meeks also works part-time as a self-employed sportsware and awards salesman.

Meeks, who attended MVNU during the 1973-1974 school year, served as the assistant coach at Columbus State Community College for two years from 1999-2001 and helped the team to the junior college national tournament each year.

Meeks and his wife, Pam, reside in Gahanna, Ohio, with their children, Joel, Matt, and Ashley.

# MEN'S GOLF



## FACILITIES

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The MVNU men's golf team considers the Mount Vernon Country Club and Apple Valley Golf Course its home layouts for practices. The team holds its annual spring invitational at Apple Valley Golf Course, which is also the site of the American Midwest Conference/NAIA Region IX Tournament.

## AFFILIATIONS



The American Midwest Conference, formerly known as the Mid-Ohio Conference, has been providing quality athletic competition for academically qualified student-athletes since the league's founding in 1949. The AMC, which is affiliated with the National Association of Intercollegiate Athletics (NAIA), believes that collegiate athletics is an integral part of the total educational program of each of its member schools. The AMC features championships in 14 sports, seven for men and seven for women. AMC student-athletes and teams continue to make their mark on the NAIA national level by virtue of All-Americans, All-America Scholar-Athletes, team rankings, or statistical leaders.

The AMC is made up on the following institutions: Carlow College, Cedarville University, Daemen College, Geneva College, Houghton College, Malone College, Mount Vernon Nazarene University, Notre Dame college, Ohio Dominican University, Point Park College, University of Rio Grande, Roberts Wesleyan College, Saint Vincent College, Seton Hill University, Shawnee State University, Tiffin University, Urbana University, Ursuline College, Walsh University, and Wilberforce University.



Throughout its history, the National Association of Intercollegiate Athletics has provided strong leadership for all aspects of intercollegiate sports. Since its introduction of intercollegiate basketball in 1937, the NAIA has maintained the highest standards while administering first-rate athletics programs. Time and time again, the NAIA has stepped forward to address the important issues of the day – be it racial integration in the '40's and 50's or establishing the first women's championship program in 1980. The NAIA has not been afraid to enact changes while others have watched and waited.

## AFFILIATIONS

With its major emphasis on educational development, it was natural for the NAIA to further strengthen academic eligibility requirements in the mid-1980s. All NAIA participating student-athletes must maintain a certain grade point average (GPA) while accumulating credit hours for a declared academic degree. Unlike other associations, NAIA student-athlete academic eligibility is monitored on a semester-by-semester basis. The All-America Scholar-Athlete program, a longstanding NAIA tradition, recognizes junior and senior student-athletes with a minimum cumulative 3.5 GPA on a 4.0 scale.

Since 1937, the NAIA has administered athletics programs and championships in proper balance with the overall collegiate educational experience. Serving higher education in this manner is a responsibility the NAIA does not take lightly. It is a relationship built on confidence and trust - a relationship strengthened year after year.



The National Christian College Athletic Association is a miracle organization. In just a few years, an idea has become a reality providing Christian student-athletes in Christian colleges and universities both an opportunity for fellowship and competition on the national level. The NCCAA game plan is to produce true winners - a game plan that will carry an individual through his or her entire life. The game plan is devised to draw out the student-athlete's greatest potential in body, mind, and spirit.

Since its first tournament in 1968, the NCCAA has grown to encompass more than 100 Christian colleges nationwide, both liberal arts and Bible colleges in stature. The participating schools are dedicated not only to the best athletic competition possible, but also to exemplify Jesus Christ in everything. The NCCAA is an organization bringing Christian colleges and universities together not just for athletic competition. More importantly, it is an organization bringing schools together which have common goals in Christian higher education.

# MVNU. LIFE CHANGING.

Life Changing? We think so. The outcome of the MVNU EXPERIENCE can be seen every day in the lives of our alumni as they live out their experience in careers, ministries, and service to others. And just like our alumni, your MVNU EXPERIENCE will leave you exceptionally prepared for the future, biblically grounded, compassionate towards others, and equipped for a life of service.

## CAMPUS VISIT

To learn more about MVNU, including our sports programs, please call us to set up a campus visit. Visits can be scheduled Monday through Friday - 8:30 a.m. to 4:30 p.m. and on Saturday. If you have questions or want more information, call us at 1-866-462-6868. You can also request information through our online Inquiry Card.

Our Admissions staff is here to serve you through on-campus special events, campus tours, visits, and classroom and chapel experiences, even one-on-one meetings with our coaches. Before you decide where you will spend the next few years, we welcome you to spend some time with us at Mount Vernon Nazarene University!

For more information on the MVNU Cougars Athletics Programs, go to our website at [www.mvnu.edu/athletics/](http://www.mvnu.edu/athletics/) or email one of the following coaches:

<b>Women's Volleyball:</b>	Paul Swanson - <a href="mailto:pswanson@mvnu.edu">pswanson@mvnu.edu</a>
<b>Men's Soccer:</b>	Paul Furey - <a href="mailto:pfurey@mvnu.edu">pfurey@mvnu.edu</a>
<b>Women's Soccer:</b>	Jonathan Meade - <a href="mailto:jmeade@mvnu.edu">jmeade@mvnu.edu</a>
<b>Men's Basketball:</b>	Scott Flemming - <a href="mailto:sflemmin@mvnu.edu">sflemmin@mvnu.edu</a>
<b>Women's Basketball:</b>	Steve Gregory - <a href="mailto:sgregory@mvnu.edu">sgregory@mvnu.edu</a>
<b>Men's Baseball:</b>	Keith Veale - <a href="mailto:kveale@mvnu.edu">kveale@mvnu.edu</a>
<b>Women's Softball:</b>	Jeana Howald - <a href="mailto:jhowald@mvnu.edu">jhowald@mvnu.edu</a>
<b>Men's Golf:</b>	Mike Meeks - <a href="mailto:mmeeks@mvnu.edu">mmeeks@mvnu.edu</a>



